BENGALURU, SUNDAY, DECEMBER 24, 2023 www.Bangaloremirror.com 16 Pages PRICE ₹4

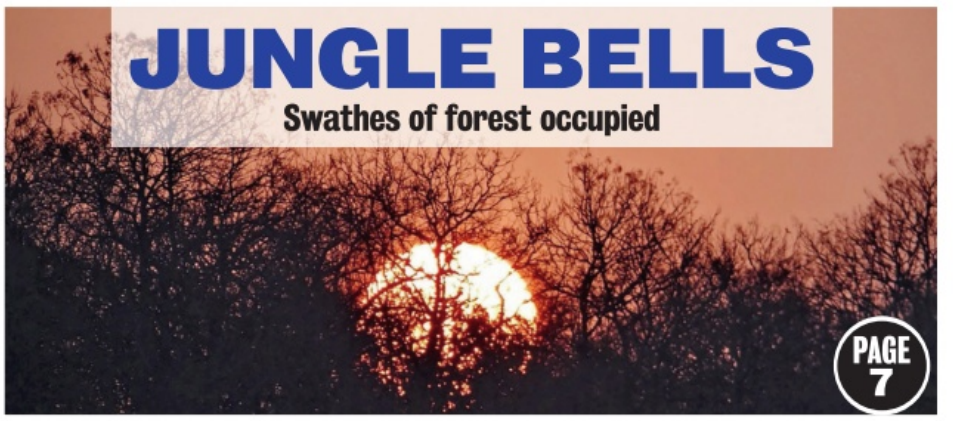
Bangalore Mirror ON SUNDAY

TEMP Max 27 | Min 18 | Humidity 58% Clear with periodic clouds Sensex 71,106 | Nifty 21,349 | Gold 62,972 | Silver 75,448 | Dollar 83.17 | Euro 91.71 | GBP 105.62

NICE ROAD

BMTC seeks toll relief

PAGE 6



JUNGLE BELLS

Swathes of forest occupied

PAGE 7

State govt recalls tender for heritage horse breeding centre at Kunigal, home to champion racehorses

NEIGH-SAYERS!

'Decision defies logic'; farm one of best in Asia

Ikram Khan
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

The Karnataka state government has recalled the tender for the heritage Kunigal Stud Farm. The decision to stop horse breeding operations at the famed farm which has consistently produced champion horses, and have placed Indian racing on the international map, is shocking according to racing aficionados who are up in arms protesting against 'the decision that defies logic'.

Most animal lovers, that include thousands of local people, have joined the 'Save Kunigal' campaign against the government decision. Sources in the Indian horse breeding industry pointed out that the heritage stud farm is rated high, as it is one of the best in Asia.

More importantly, it is at this site the legendary Mysore King Tippu Sultan was breeding horses for his cavalry to fight the British.

The Kunigal Stud Farm spread over 427 acres of land was leased out to Vijay Mallya, head honcho of United Racing and Bloodstock Breeders (URBB) Limited in 1992 for a period of 30 years, only for the breeding of horses.

After the lease expired on Sept 30, 2022, the department of animal husbandry on January 6, 2023, called for e-tenders for the new lease. The financial bids for the tender generated maximum interest in the Indian breeding circles. The animal husbandry department revealed that Villoo Poonawalla Greenfield Farms emerged H-1 (highest bidder) offering Rs 1.4 crore per annum against the reserve price of Rs 1.16 crore. A total of six bids were put in before the highest bidder was established and

CONTINUED ON PAGE 6 »

> **"A number of classic winning horses bred at this centre entered the Hall Of Fame in the popular sport** – Zeyn Mirza, managing director, URBB

Fix My Street app needs to be fixed

10 engineers shall handhold contractors, assist personnel to fix glitches in BBMP's app

Melvin Mathew
c-melvin.mathew@timesgroup.com

TWEETS @BangaloreMIRROR

To address issues with the Fix My Street app, BBMP is planning to hire hand-holder engineers, to assist contractors in uploading completed work orders. The project is estimated to cost the civic body Rs 41 lakh.

Palike officials have been facing glitches in the Fix My Street app which is primarily used for pothole-related issues.

To address the issue of the tech glitches alongside assisting the contractors and BBMP officials to upload completed work orders, Palike shall rope in the hand-holder engineers.

"A lot of the completed work is not being uploaded. There are some issues with the app especially with the uploading of the photos. Contractors are facing issues with the application. We are planning to get engineers to handhold and assist the contractors to get the task of uploading expedited. This will ensure the work is completed and updated quickly and regularly," said a senior BBMP official.

BBMP has issued a request for proposal for the implementation of the hiring of the aforesaid engineers for Fix My Street at the cost of Rs 41 lakh for a span of 11 months.

CONTINUED ON PAGE 4 »

3 THINGS TO DO

01 Dance is sacred

Grab the opportunity to watch the rare ancient Indian traditional temple dance 'Navasandhi' this month in Namma Bengaluru. The art was presented by Guru Veena Murthy Vijay in 1981, and after 40 years, Dr Sangeetha Phanish is presenting this grand ritual again. This dance is considered highly sacred as it encapsulates the ritual of Ashtadigbandana.

Where: Chowdiah Memorial Hall
When: December 30; 4 pm

02 Creative goodies

The Grand Rajasthani Exhibition is back in town with the latest collection of artistic goodies. The exhibition-cum sale has been organised by Maaruthi Enterprises. You can explore a range of handicrafts, including Odisha tie and dye, handlooms, jewellery, gems, bed rugs from Uttar Pradesh, Kalamkari sarees, earrings, kurtas, and more.
Where: Sri Rajarajeshwari Kalyana Mantapa, Dr Rajkumar Road, 2nd Block, Rajajinagar
When: until December 24; 10 am to 9 pm

03 Fit and fine

Rotary Bangalore Global Yoga Club, in association with Swami Vivekananda Yoga Research and Holistic Health Trust & Yoga University, is organising the Global Yoga Summit (GYS) 2023. Over 40 national and international doctors, yoga gurus from across the world, vedic experts, academicians, and yoga enthusiasts will be participating in the GYS. The two-day interactive session of the summit will provide a global platform for all yoga aspirants.
Where: Palace Grounds
When: December 23 and 24

Together for progress

Govt plans public-private partnerships to upgrade infra of public schools; all schools handled by BBMP may soon be taken over by education department, says Deputy CM

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

PICTURE FOR REPRESENTATION ONLY

The responsibility for education in KPS will be given to private educational institutions

We have heard about public-private partnerships (PPP) in infrastructure projects. Now, the state government plans a PPP model to upgrade the infrastructure of Karnataka Public Schools (KPS).

Deputy Chief Minister DK Shivakumar said, "The government has a target of building 2,000 KPS at the hobli and panchayat level through CSR funds, and the land for the first 500 schools has been identified. We are calling all the CSR donor companies in the first or second week of January and assigning responsibilities for the first 500 schools. They will be building top-quality schools for the government with CSR funds. Each school is expected to cost anywhere between Rs 4 and 7 crore. We have already had discussions with the companies about CSR funds, and we will be holding one more round shortly."

While the government will provide land to the extent of 2-4 acres for each school and the corporate companies will build the schools on the assigned land with their CSR funds, each school will be equipped with class rooms, a library, a laboratory, toilets, staff rooms, etc. A pilot project has already started in Ramanagara district.

"The government will be asking private educational institutions to manage a few KPS each, depending on their bandwidth. These educational institutions will be given the responsibility to hire additional teachers wherever needed and provide quality education. All the KPS will function as government schools, but the responsibility for education will be given to private educational institutions. We have already had a round of discussions with educational institutions. This will prevent rural students from migrating to cities for better education. I have already submitted a proposal to the Chief Minister to form a committee regarding this," he explained.

> **"We are calling for CSR donor companies in the first or second week of January and assigning responsibilities for the first 500 schools**
> –DK Shivakumar, Deputy Chief Minister of Karnataka

DK Shivakumar said that currently, corporates have come forward to provide CSR funds worth Rs 1,900 crores for this initiative. "Our government has taken up a major adventure and the blueprint is ready for this. We will call for a meeting of companies and educational institutions to discuss it," he added.

Meanwhile, all the schools handled by BBMP may soon be taken over by the education department.

The Deputy Chief Minister further said, "The performance of BBMP schools has seen a decline over the years. In order to bring these schools on par with private schools, it has been decided to hand over the academic part of the schools to the education department."

The education department will be responsible for all the academic activities while BBMP will continue to be responsible for the school buildings, their upgradation, maintenance and management, he noted, adding that the education department will be fully responsible for all academic activities.

Season of giving: X'mas delights for elderly

Bangalore Mirror Bureau
mybangaloremirror@timesgroup.com
TWEETS @BangaloreMirror

Christmas, a season synonymous with joy, celebration, and gift-giving, has always been associated with the excitement of receiving presents. In a tradition where the elderly often experience the essence of Christmas by gifting the younger generation and finding joy in their acts, this year holds a delightful surprise. Rather than leaving the onus of gifting solely to the elders, the team at Manipal Hospital is all set with a heartwarming, community-based activity to ensure that our elderly loved ones receive the joy of surprise and celebration.

This year, Santas from all 12 South Cluster units of Manipal Hospital—10 Manipal Hospital units in Bengaluru, 1 unit in Mysuru, and 1 unit in Salem—are gearing up for the heartwarming mission to bring smiles to the faces of senior citizens.

The initiative began by reaching out to apartment and building associations, urging them to nominate senior citizens who would benefit from this Christmas surprise. The response from the community has been overwhelming, with numerous nominations pouring in. Acknowledging the enthusiasm and extensive participation, the organising team adopted a fair and delightful approach by selecting the recipients through a lucky draw. In each of the south cluster units, around 30 fortunate senior citizens were chosen to receive gifts and goodies this Christmas.

The team at Manipal Hospital is all set to ensure a joyful Christmas for elderly

The meticulously chosen gifts and goodies will be personally delivered to the selected senior citizens by a team from Manipal Hospitals, spreading Christmas cheer and warmth throughout the community.

Geetha Sengupta, 90, from The Virtuoso—Columbia Pacific Communities, wished everyone a Merry Christmas and said, "I am so surprised and astonished to receive wishes like this for the first time. Thank you everyone, and Merry Christmas! All the best and keep up the good work."

Krishna Murthy, a 101-year-old gentleman from Priaashraya Senior Living, speaking on his deep connection with Christmas and the joy of sharing, said, "It is so nice to see Santa Claus after so many years. I remember receiving wishes when I was in school. Today, it feels great to receive gifts and goodies from the Manipal team, who are involved in similar activities. I wish everyone a Merry Christmas and a Happy New Year."

In a world gone tame, the new Sonet is here to set you free. Sleek in design, throbbing with power, gloriously polished and spacious on the inside; it's packed with tech & features you'll be hard-pressed to find anywhere else in the segment. So, climb into the new Sonet and let your wild side come out to play.

Technology. Redefined.

Leading the segment, yet again.

Star Map LED Connected Tail Lamps

make the rear look impressive and distinctive as you drive away

26.03 cm (10.25") HD Touchscreen Navigation + 26.04 cm (10.25") Full Digital Cluster

offer detailed car information so that you are always in charge

4-Way Power Driver's Seat

helps you get the perfect driving stance and maximum comfort at the touch of a button

360 Degree Camera

keeps you aware of your surroundings at all times

Smart Pure Air Purifier with Virus and Bacteria Protection^

ensures you and your loved ones breathe the cleanest of air inside

Bose Premium 7-speaker System

lets your favourite tracks calm you through the chaos on the streets with the finest music quality

Safety. Redefined.

The beast with 10 Autonomous ADAS Features# + Robust 15 Standard Safety Features across variants

Forward Collision Warning (FCW)
alerts the driver and prevents imminent collision

Forward Collision-Avoidance Assist (FCA)
alerts the driver of imminent collision with a car/ cyclist/ pedestrian ahead, and applies brakes

Lane Departure Warning and Keep Assist (LDW and LKA)
alerts the driver whenever the car is out of its lane, and counter steers to keep it centered

High Beam Assist (HBA)
automatically adjusts the high beam/ low beam based on the oncoming vehicle's headlamp intensity

Leading Vehicle Departure Alert (LVDA)
informs the driver if the vehicle in front starts moving and driver does not react

Driver Attention Warning (DAW)
alerts the driver based on driver's attention level

Host of Other Wild Features: Electric Sunroof | Find My Car with Surround View Monitoring | Powerful Smartstream G1.0 T-GDi Petrol Engine (88 kW & 6 000 rpm) | Refined 1.5 / CRDi VGT Diesel Engine (85 kW & 4 000 rpm) | Rear Disc Brakes | Advance Kia Connect** with Alexa Home to Car Connectivity | Sleek LED Fog Lamps | LED Ambient Sound Lighting | GT Line & X-Line Differentiated Body Kit | Exclusive Matte Graphite Exterior Color

Kia Service

Connected - Adaptive - Responsive - Engage

3 Years Unlimited km Warranty	**Extended Warranty** Up to 5 Years	**My Convenience Plus** Best-in-class Cost of Ownership^^	**Scratch Care** Program~	**IoT Based** Smart Services##	**24x7 | 3 Years** Nationwide RSA**

Pre-book now Call 1800 108 5000 | 093195 91407 | Visit www.kia.com | Kia Sonet | kiacare@kiaindia.net | Look for "Kia India" @

*Terms & Conditions Apply. This ad features a fictional "claw mark" on a road sign for entertainment purposes only. We do not endorse vandalism or illegal activities related to road safety. Safety is a top priority, and we urge responsible behaviour regarding traffic regulations and road safety. The product & feature images shown in this ad is for representation purpose only. Features and specifications as shown may not be part of standard fitment and may vary. The colors shown are subject to availability and may not be available across all variants and may differ slightly from those shown in this ad. segment is defined as vehicle with length between 3 990 mm – 3 999 mm and height - 1 570 mm. ^The tests of protection from Virus & Bacteria are conducted with a defined process, under particular circumstances in a controlled environment and the results may vary. #Available only with GTX+ and X-Line variants. Advanced Driver Assistance System (ADAS) is not a substitute for human eye and driver vigilance. It is an assistance feature that enhances driving experience and safety. Effectiveness of ADAS may vary based on actual situation and all objects around vehicle may not be detected. The driver shall remain responsible for safe, vigilant, and attentive driving. **Kia Connect comes with 3 years free subscription. Amazon Alexa and Smartwatch device are not standard car accessories & the customer needs to purchase from a third party. Kia Connect features may vary depending on the variant, device compatibility, software and network availability both in the vehicle and Alexa device. Kia Connect skill is only available in India and can be interacted with in English and Hindi.^^Computed cumulatively with all benefits from comprehensive coverage. ~Program coverage includes 1 scratch repair free of cost in an ownership period of 12 month from date of sale, applicable for new Sonet retailed up to 30th April. 2024. ##IoT based workshops for live vehicle tracking for digital experience. **RSA coverage across India except Andaman & Nicobar Islands and Lakshadweep. The specifications and features may vary depending on models/ variants. Kia India Pvt. Ltd. (Formerly known as Kia Motors India Private Limited) reserves the right to make any changes with respect to the trims, colors, specifications, Kia Connect features and other details of any model as mentioned in this brochure or to discontinue any model without prior notice. For more details visit your local Kia dealership. Kia India Pvt. Ltd. (Formerly known as Kia Motors India Private Limited) urges you to follow traffic rules, these are meant to keep you safe on roads.

Scan to know more

FOR INFORMATION CONTACT: BENGALURU: EPITOME KIA, WHITEFIELD; PH: 9606970216, YELAHANKA, PH: 7406343339, **JSP KIA**, HOSUR ROAD, PH: 9606011244, BELLANDUR, PH: 9071077717, **NAARA KIA**, J.P NAGAR, PH: 7406528200, **PPS KIA**, MYSORE ROAD, PH: 6309990010. **TAAPASI KIA**, KALYAN NAGAR, PH: 8095537777, **VST KIA**, PALACE ROAD, PH: 9606988123. YESHWANTHPUR, PH: 9606988124. **ADVAITH KIA**, LALBAGH MAIN ROAD, PH: 9611006006. **BELGAUM: MIRACULUM KIA**, PH: 08312439111, **BELLARY: ATHENA KIA**, PH: 6364922832, **BIJAPUR: KUMAR KIA**, PH: 080 45849192, **DAVANGERE: JANSI KIA**, PH: 9538018155, **GULBARGA: KUMAR KIA**, PH: 080 45849191, **HASSAN: AADARSH KIA**, PH: 9606034050, **HOSPET: BHADRA KIA**, PH: 7760888885. **HUBLI: NAGSHANTI KIA**, PH: 9148432469. **KUSHALNAGAR: ARM KIA**, PH: 9606055314, **KOLAR: EPITOME KIA**, PH: 8951903224, **MANGALORE: ARM KIA**, PH: 9606013152, **MANDYA: AADARSH KIA**, PH: 9606034070, **MYSORE: AADARSH KIA**, PH: 9606034060, **SHIMOGA: JANSI KIA**, PH: 9538416666, **TUMKUR: PPS KIA**, PH: 6303622210, **UDUPI: ARM KIA**, PH: 9606055296

INNOCEAN-081/23

City will have to keep thirsting for TG Halli reservoir water till Feb

Equipment delays and labour shortage among setbacks affecting progress of reservoir rejuvenation, impacting water supply to 110 villages

Garima Prasher
garima.prasher@timesgroup.com
TWEETS @BangaloreMIRROR

After a delay of nearly two years, the rejuvenation work of Thippagondanahalli (TG Halli) Reservoir was expected to be completed by October. However, according to the Bangalore Water Supply and Sewerage Board (BWSSB) officials, the reservoir is still a work in progress and is now expected to be ready by February 2024.

"Some work related to the installation of the filter bed and connectivity to the ozone system is still pending. We have received all the equipment and installation will be completed by the end of December. Work related to electrification will begin after that and the reservoir will be ready by February 2024. While the project was to be completed by September, we could not avoid the delay due to a shortage in manpower," said a senior BWSSB official.

The reservoir is expected to receive 1.7 Trillion Million Cubic feet of water from Yettinahole.

"The TG Halli operations depend entirely on the completion of Yettinahole, but it appears we will have to wait for another year. Such a long wait will be a cost burden to BWSSB," said the official.

> **While the project was to be completed by September, we could not avoid the delay due to a shortage in manpower**
> –Senior BWSSB official

A clear view of the Tippagondanahalli Reservoir and its surrounding catchment area

While the board started rejuvenation work of the reservoir in 2019 with a total fund of Rs 286 crore, it has missed multiple deadlines. Earlier, BWSSB had set December 2021 as the first deadline to complete the project. However, work was then delayed due to the Covid-19-induced lockdowns. The above-average monsoon that year also forced the board to push its deadline to March 2022. However, reasons such as delay in the shipment of the equipment and labour crunch further caused the project to miss a few more deadlines, before it was announced to be completed in October this year.

"Delivery of machinery from various countries took a lot of time. While electromechanics valves and STP equipment were ordered from Sweden and Japan, the homogenisation technique for the Water Treatment Plant has been imported from America. The equipment uses novel technology to filter the reservoir water and will ensure higher-quality potable water," said another official.

The reservoir is expected to supply water to as many as 110 villages in the western part of Bengaluru. Apart from imported technologies to filter water, the project also includes a sewage treatment plant.

KSRTC launches Namma cargo truck service

The Karnataka State Road Transport Corporation on Saturday launched 'Namma (Our) Cargo' truck service with Minister Ramalinga Reddy flagging off 20 vehicles.

Speaking on the occasion, the Transport Minister said 100 trucks will be inducted in a month and 500 more by the end of next year.

Reddy said Basaveshwara bus station at Peenya will be utilised as a depot for operation and maintenance of these trucks and the remaining vacant space will be provided to government companies to generate commercial revenue.

"In order to capitalise its strength in the passenger transport business in 2021, the KSRTC ventured into the logistics business under the brand name "Namma Cargo" to carry parcels on KSRTC route buses. Taking this forward, KSRTC is now introducing a brand new Namma Cargo truck service fitted with GPS for goods transportation," the state-owned transport corporation said.

KSRTC's Namma Cargo will carry parcels on KSRTC bus routes

According to the KSRTC, trucks will transport goods across Karnataka with secure, speedy and reliable services.

The KSRTC is one of the largest transport corporations in the country. It has 16 divisions, 83 depots, 174 bus stands, 7,649 transport services and has a fleet of 8,355 buses, it said.

–PTI

Rs 41 lakh for fixing pothole fixer app

CONTINUED FROM PAGE 1

Ten-odd personnel will be added to this team; they will be appointed to serve as junior engineers & second division assistants (literate assistants) on a contract basis in BBMP.

BBMP launched the Fix My Street app in 2017 to address the perennial issue of potholes in Bengaluru. However, in 2023, the app was opened up to the public to report potholes and road repair issues. Earlier the app was only open to BBMP and traffic officials.

The app allows citizens to raise complaints and track their status. They upload photos of potholes tagged with GPS locations. The uploaded complaints are addressed by BBMP engineers and the status is updated.

Activists BM spoke to said hiring an agency for just uploading work orders is a waste of taxpayers' money.

"I stopped using the Fix My Street app because it was glitchy. The Sahaaya app is much better. Apart from potholes, no other complaints can be uploaded. It only allows you to upload live pictures of road issues. Even the Sahaaya app has many issues related to the escalation matrix and closing complaints without resolutions. Even now, the Fix My Street app does not provide public information on pothole complaints and resolutions. At the cost of Rs 41 lakh, BBMP can revamp Sahaaya app. We don't understand why BBMP is fixing issues in bits and pieces. Why does BBMP have one database and several apps? As a tech city, we must leverage the power of information technology," said Sandeep Anirudhan, civic activist.

whatsapp MIRROR
9591233247
Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Dangling leaves
Ulsoor

Dry leaves are hanging dangerously on cable wires along Cambridge Road.

Footpath encroached
MS Palya

The footpath next to MedPlus and Apollo Medical, near Axis Bank ATM on MS Palya to Singapura Main Road is occupied by a fruit and vegetable vendor. The BBMP needs to take action.

Drop-off dangers
Babusapalya

The potholes near St Vincent Pallotti are causing trouble for parents dropping their kids on two-wheelers as it is a school zone.

NYE bash: Drink, don't hit the road, please

Increased cases of drunk driving over past few days have put traffic police on their toes; would reward for catching violators help? The jury is out

| Ahna Prakash
c-ahna.prakash
@timesgroup.com
TWEETS @BangaloreMIRROR

Brigade Road is all decked up for Christmas and New Year

According to the data by the traffic police, Bengaluru has recorded 5,384 drunk and driving cases as of November 2023, and the numbers are expected to go higher during festivities. In a recent drive on Thursday evening, the traffic police meticulously inspected 2,804 vehicles, identifying 75 drivers who exceeded the permissible limits for driving under the influence of alcohol.

In preparation for the festivities, the Ahmedabad City Police Commissioner has introduced a reward system, offering Rs 200 to officers for apprehending drunk drivers, emphasising the commitment to curb such incidents. BM talked to citizens and officers to know if a similar system should be introduced in Bengaluru too to curb drunk driving cases.

Having said that, under the directive of City Police Commissioner B Dayananda, the traffic police have diligently enforced drunk driving checks in the past two days, resulting in over 140 violators facing legal action.

During the scrutiny on Wednesday night, approximately 3,000 vehicles underwent examination, leading to penalties for 73 drivers found guilty of drunk driving.

The increasing cases of drunk driving have led to a question that if traffic police are rewarded for catching violators, would there be more efficiency.

Naina, a citizen, said that police don't get paid a lot, and if they are being paid extra for catching violators, they might work more diligently. "One can say that there are more violations than the numbers being reported, and one of the main reasons could be that policemen who are standing on the road don't really get paid well, so they don't wish to go the extra mile and catch people. They do their bare minimum and return home, but if there is a mechanism where they will get extra reward for catching people, I believe they would be more alert," she added.

Another citizens wasn't so sure. "I think the policemen need to show the same commitment whether it's New Year's or regular days. It's one thing to reward them for good work, but promising commission for the number of people charged seems unnecessary. Who knows what it can lead to? How will they ensure that they don't frame innocent guys? The police also might not want to do other jobs properly, thinking they should be rewarded for everything," they said.

A senior official of the traffic police department raised a similar concern, saying that this can lead to false cases being reported in order to win the reward money.

>> How to choose the best sunscreen Pg 9

THE TIMES GROUP
Freedom Healthy Cooking Oils
Presents:
VK ವಿಜಯ ಕರ್ನಾಟಕ VIJAY KARNATAKA
BangaloreMirror
VK Street ಸಂಭ್ರಮ
Co presented by:
TDH INSTANT FOODS
EV Partner: ATHER
Real Estate Partner: RASHI DEVELOPERS www.rashidevelopers.com
SONU GOWDA sandalwood Actress
VK STREET SAMBRAMA
Come, let's play Bugari | Lagori | Kuntebille
VIJAY KARNATAKA, Kannada's No.1 daily with the largest readership, is celebrating VK Street Sambrama in Collaboration with BBMP & Police Department. Do come with your family and enjoy the day with Small screen and Sandalwood Celebrities.
Painting & Competition
Fancy Dress For Kids,
Rangoli Competition
Kuntebille, Lagori, Bugari
DJ & Music
A team of renowned artists
Lemon & Spoon Race
Ludo, Carrom & Caricature
Dance Performance
By Daksha Academy Students
Yoga by Chaitra B.G
Many more Entertaining Programs
Venue: Andrahalli, D Group Layout Arch, 60 Feet Road Bengaluru-560091
For Register Whatsapp : 7676668588
Date : 24th December, Sunday Today 8 AM to 12 Noon
In Assosiation with:
SHREE DAKSHA ACADEMY, Andrahalli
Come, Let's Play & Have a fun filled day !!

Drugs worth ₹52L seized

The CCB police apprehended three individuals and confiscated drugs valued at Rs 52.78 lakh in distinct incidents. An overseas citizen on a business visa was apprehended in Begur, Bengaluru, while two Kerala natives were arrested in Koramangala, said the police. The African national, residing in Bengaluru for the past three months, is alleged to have procured drugs externally and distributed them locally. The seized substances, including MDMA, LSD, ecstasy pills, and cocaine, among others, were intended for distribution in the city during the upcoming New Year. Ongoing investigations are being conducted by the CCB police. **BMB**

Headmistress held

The police on Saturday arrested the headmistress of a government school for allegedly making the children clean toilets. Laxmidevamma, headmistress in the Andrahalli Government Model Higher Primary school was arrested following the complaint by BEO Anjinappa with the police. The accused headmistress will be produced before the court on Saturday.

BIMTECH BIRLA INSTITUTE OF MANAGEMENT TECHNOLOGY
AACSB ACCREDITED
BIMTECH IS DRIVEN BY INDIA'S LEADING BUSINESS HOUSE - BASANT KUMAR BIRLA GROUP
BUILDING BUSINESS LEADERS
Aspiring Social Impact
#AdmissionAnnouncement 2024
GLOBAL RECOGNITION FIRST INDIAN B-SCHOOL to get BSIS (Business School Impact System) Label from EFMD, BRUSSELS
SCHOLARSHIPS FOR MERITORIOUS & ESCS Category Candidates
BIMTECH ACHIEVED CATEGORY-I GRADED AUTONOMY FROM AICTE among 400 PGDM Institutions in 2020
RANKED 48th IN THE MANAGEMENT CATEGORY IN ALL INDIA NIRF RANKING 2023 - (NIRF-National Institutional Ranking Framework)
PROGRAMMES OFFERED
MBA Equivalent
(Approved by AICTE, Ministry of Education, Govt. of India)
PGDM
PGDM Artificial Intelligence & Data Science
PGDM International Business
PGDM Insurance Business Management
PGDM Retail Management
KPMG EY Deloitte. accenture ADP KANTAR mazars
HYUNDAI Tech Mahindra Marsh wipro DAIMLER
NBA BSIS IMPACT SYSTEM EFMD GLOBAL NETWORK
Scan QR code to apply online
BIRLA INSTITUTE OF MANAGEMENT TECHNOLOGY Greater Noida (NCR), Uttar Pradesh, India
Tel: +0120 6843000 -10 | Mob: +91 9718444466 | Email: admission@bimtech.ac.in | Toll Free: 1800 5723 999 | Website: www.bimtech.ac.in
Apply Online https://online.admissions.bimtech.ac.in/
Declaration: Our Institution uses the CAT score for short-listing/selecting the candidates for our Post-graduate Programme(s) in Management/MBA. IIMs have no role either in the selection process or in the conduct of the programme.

BMTC seeks toll relief on NICE Expressway

Traffic-burdened BMTC aims for quicker routes to commute around the city, urging toll reduction for affordable bus fares

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

Aerial view of the NICE Road

With city traffic congestion increasing day by day, the Bangalore Metropolitan Transport Corporation (BMTC) plans to scale up operations to bypass city traffic by operating buses on the NICE expressway. However, they face a big hurdle as the toll fare is quite high, making the tickets expensive.

On Saturday, Transport Minister N Ramalinga Reddy urged NICE authorities to either waive the toll for BMTC buses or provide compensation. Reddy said, "I have requested the NICE authorities to either reduce the toll or do away with it for only BMTC buses. This will help us avoid the toll surcharge on the tickets." For example, a BMTC bus ticket from Madavara to Electronic City costs Rs 60, out of which the toll surcharge is Rs 25, while the bus ticket is Rs 35. According to Reddy, the bus ticket will become cheaper by Rs 25 if there is no toll levied for BMTC buses.

Reacting to this, J Srivatsa, a regular commuter between Madavara and Electronic City, said, "I stay closer to Madavara, and my workplace in Electronic City is on the southeast of Bengaluru. The traffic congestion is so high that it takes anywhere between 2.5 to 3 hours during peak hours. If I take the NICE Road BMTC bus, I can cover the same distance in just one hour or 1.15 hours. However, the biggest setback is an expensive ticket. I see that many riders are dangerously hitchhiking in trucks or other vehicles as these vehicles illegally collect a small sum for travelling, but it is not safe. I hope that the reduction in toll for BMTC buses and a subsequent reduction in bus fares will be a boon."

However, sources said that it was very unlikely that NICE authorities may waive the toll. "If we look at the toll charges, NICE imposes one of the highest tolls in the country. While the National Highway Authority of India (NHAI) collect 1.5 times the toll if the travel is more than once on the same route within 24 hours, there is no such provision in NICE where one has to pay the full toll every time they travel. We have been told by NICE that when no concession is provided by NHAI for the government buses, how can they extend the toll? I feel that this should be made at the Centre where all the roads, irrespective of being managed by public or private parties, should offer concessions or free rides to government buses so that the benefit can be passed on to the commuters," said an official.

Meanwhile, Madhava D, another regular traveller, said, "During peak hours, many are taking up the BMTC buses. There are no seats, and people are forced to stand; then the ridership falls. During peak hours, more buses are required."

Reacting to this, Reddy said, "From Saturday, we have scaled up the BMTC operations. Now, the buses will be available at regular intervals between 6 am to 9 pm. The NICE-10 will have 21 buses, with 147 schedules, and buses available every 10 minutes. People can use this bus to hop on to Magadi Road junction, Mysuru Road junction, Kanakapura, and Bannerghatta Road junctions where stops will be provided."

The Minister added that Bengaluru had 73.81 kilometres of Metro line, and hence BMTC was operating 38 metro feeder routes with 2,264 trips. "For operating on Metro feeder routes, we will be operating midi buses which are nine metres in length. These buses will be branded separately. We will also operate 120 AC electric buses under the N-CAP project. These electric AC buses will also be nine metres in length. By the end of April next year, along with the current 121 metro feeder services, we will also operate 179 extra feeder buses and thereby take the entire Metro feeder buses fleet to 300."

> **"If I take the NICE Road BMTC bus, I can cover the same distance in just one hour or 1.15 hours. However, the biggest setback is an expensive ticket.**
> –J Srivatsa, a regular commuter

Govt only contemplating lifting hijab ban: CM

Bangalore Mirror Bureau
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMIRROR

A day after the Chief Minister expressed that he has instructed officials to withdraw the hijab order, he clarified on Saturday that the administration is only considering lifting the ban on wearing hijab in educational institutions in the state. A decision will be made after discussions at the government level.

He said, "We haven't done it (revoking the hijab ban) yet. Someone asked me a question about lifting the hijab ban, and I replied that the government is contemplating revoking it. The decision will be taken after discussions at the government level."

This clarification comes a day after he mentioned that there was no restriction on wearing the religious headscarf in educational institutions and stressed that the choice of dress and food is personal.

However, the announcement on Friday sparked controversy as it was criticised by the opposition party.

BJP State Unit President BY Vijayendra accused Siddaramaiah of 'vitiating' the academic atmosphere. Charging the Congress with indulging in 'appeasement politics' ahead of the Lok Sabha elections, Vijayendra claimed, "Even after so many years of independence, the literacy and employment rate among minorities is still 50 per cent. Congress never tried to elevate the condition of minorities."

He further said, "Congress believes in the divide and rule policy which the British rulers had adopted. It amounts to carrying forward the British legacy."

'Save Kunigal Stud Farm' campaign gathers steam

CONTINUED FROM PAGE 1

announced after the opening of bids on February 21, 2023.

The then BJP government's animal husbandry minister Prabhu Chavan, keen to protect the heritage farm and to continue horse breeding operations, had finalised the new lease procedure and identified the highest bidder, but before the final cabinet approval, the BJP lost the elections.

The new government put the tender on hold for more than eight months before recalling the tender on December 11 much to the disappointment and dejection of the racing industry.

"The beautiful farm is home to thousands of trees, several from rare tree families centuries old; it is also a designated place for several species of rare birds and the peacocks that rest and nest at this site," said Zeyn Mirza, managing director, URBB.

Mirza pointed out that more than 300-500 trees will need to be felled if the government is looking to set up a integrated township on this heritage site.

"It is certified by many leading geologists of the world that the soil at this site is good for breeding horses and they have been proved right. A number of classic winning horses bred at this centre entered the Hall Of Fame in the popular sport; the government should continue breeding operations in this town, which has brought laurels to the state," said Mirza.

The Janandolana Samithi formed for the protection of the stud farm, the moment the government recalled the tender, has made it clear that they will not allow the setting up of the proposed integrated township. The committee led by Siddaramachaitanya Swamiji disclosed they have decided to oppose all plans and schemes in favour of the integrated township.

Former MLA and Vokkaligara Sangha taluk chief, BB Ramaswamy Gowda revealed that the people of Kunigal know and understand the rich history and culture of the famed farm; to build a town in its place is a disastrous decision, he said.

"There are more than two parcels of land more than 800 acres each in the town which can be considered for integrated township, " Gowda pointed out. The people of Kunigal, he said, are against the government's idea and they will not allow the farm to be disturbed or to stop breeding operations at the renowned centre.

On the government wanting to shift the race course to Kunigal, offering 100 acres of the farm to build a new race course and continue racing operations, Gowda said the Bangalore Turf Club (BTC) can be allotted land at other places close to the farm. He noted, it is learnt that the BTC is not in favour of accepting the Kunigal land taking into account the 70 km distance, and furthermore the connectivity is not ideal for racing operations in this taluk.

"It is clear from the many 'Save Kunigal' campaigns that the people of Karnataka and particularly Kunigal are not in favour of the injudicious government decision. The government will need to reconsider its decision and preserve this world famous heritage horse breeding centre which is also a great tourist attraction like all the other historical monuments in the state," said a senior member of the Janandolana Samithi.

THE SUNDAY READ

Jungle blues

Recent data shows Karnataka has second-highest area of forest land occupied illegally across country

| Garima.Prasher
@timesgroup.com
TWEETS @BangaloreMIRROR

With more than 76,000 hectares of forest land under encroachment, Karnataka has the second-highest amount of forest area illegally occupied across India, according to recent data from the Ministry of Environment Forest and Climate Change (MoEF&CC). The only state with more forest area intruded is Assam, with encroachment of over 3.40 lakh hectares.

According to the Karnataka Forest Department (KFD), the encroachment figure is dynamic and the current area under encroachment is much less than the figure projected by the Ministry of Environment. Moreover, the figure by MoEF&CC also includes over 14,000 hectares of forest land that was encroached on before 1978 and later regularized by the government of India.

"The encroachment figure is dynamic. Unfortunately, we are not adding and deleting encroached areas on a day-to-day basis. In the past three months, an eviction of the order of 1,400 acres in Srinivaspura taluk was done, but not updated with MoEF&CC. Moreover, this number by the Ministry also includes over 14,000 hectares of encroached land that was later regularised. Evictions are happening regularly and our approach has been to prioritise cases with encroached areas of over three acres. Over the last nine years, the department has carried out eviction on over 10,000 hectares of encroached forest land," said Brijesh Kumar Dixit, Principal Chief Conservator of Forests and Head of Forest Force, KFD.

No action taken

However, experts say such a high amount of forest area under encroachment is due to a lack of action by KFD officials. While in many encroachment cases, officials have initiated actions and have followed the procedures mentioned under section 64(A) of the Forest Act and have filed FIRs, cases rarely meet their logical end. Eviction cases are not taken seriously by the department officials.

"In most of the cases filed, the officials have initiated actions and have followed the procedures mentioned under section 64(A) of the Forest Act and have filed FIRs. However, this is where it all ends. The department must come up with year-wise encroachment numbers and evictions conducted so far. Most of the time, appropriate legal action is not taken and on other occasions, officials crumble under political pressure," said a wildlife conservationist.

Experts also highlight a judgment passed by the Supreme Court in 2002, stating that no fresh encroachments of forest land should be allowed. In case of violations, the official concerned, which is the Deputy Conservator of Forest (DCF) of the sub-division should be held liable. Any forest department officials giving the opportunity to encroachers can also be prosecuted.

Activists say while the primary duty of the department is to conserve the existing forest cover and ensure the eviction of illegal encroachments, the majority of the PCCFs, CCFs, CFs, DCFs, ACFs, and RFOs have failed to perform this duty.

The rule-book

"There are defined rules and regulations under the Forest Act to prevent encroachment of forest land and ensure eviction when needed. However, rarely does an eviction happen and the encroached area has piled up to this level. In many cases, KFD officials get influenced by political pressure, and more often than not, higher-level officials are seldom held responsible. Fresh encroachment cases are coming up regularly, but no action has been taken on ground," said another city-based wildlife activist.

According to MoEF&CC guidelines issued in 2002, state-level and circle-level encroachment monitoring committees should be constituted to look into encroachment cases. To add to that, a district-level committee consisting of the District Magistrate and Collector, Superintendent of Police, and the Divisional Forest Officer should also be created to ensure eviction. The guidelines further state that these evictions must be monitored by the state-level, circle-level, and district-level committees at quarterly intervals.

It also suggests that a committee should be constituted at the forest circle level under the chairmanship of the Conservator of Forests with the District Collector and Superintendent of Police as members to take effective steps to assist the Divisional Forest Officers or the Territorial Division/Wildlife Warden/ National Park and Sanctuary Director in evictions.

"There are defined rules and regulations under the Forest Act to prevent encroachment of forest land and ensure eviction when needed. However, rarely does an eviction happen... In many cases, KFD officials get influenced by political pressure, and often, higher-level officials are not held responsible

–City-based wildlife activist

K'taka forest dept says evictions happening regularly with focus on encroachment of more than 3 acres land, but Ministry's encroachment figure does not capture that

mybangaloremirror@timesgroup.com
facebook.com/bangaloremirror
@BangaloreMirror

BENGALURU SPEAKS

and gets heard on this page

STORYBEHINDTHEPHOTO

Let's go A giant Malabar squirrel navigates its way on a tree in BR Hills

The picture was clicked by BM reader **NJ Ravi Chander**

If you have a picture and a story to share, send us the picture with your name and number at **mybangaloremirror@timesgroup.com**

Sign at petrol pump: Safety first!

City petrol bunks enforce strict policy that mandates customers to show their Aadhaar card when buying fuel in containers

Many petrol bunks in the city have continued to implement strict rules requiring customers to produce their Aadhaar card if they wish to purchase fuel in bottles. This directive, followed by many petrol pumps in the city, aims to prevent the misuse of petrol for criminal activities.

Sunanda Krishna, a techie, shared her experience, stating, "Recently, I went to buy fuel from a petrol pump in Kengeri, where they have implemented a strict rule that requires customers to show their Aadhaar card and mention their age if they wish to purchase petrol in bottles."

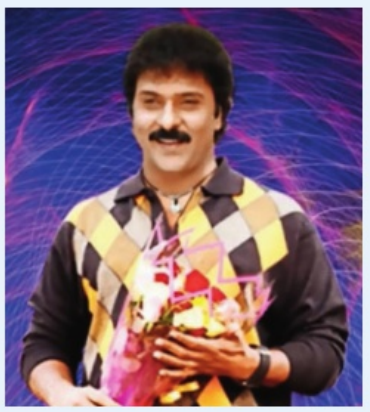
While this rule is not a nationwide regulation, it addresses concerns about criminals using petrol for various illicit purposes. Criminals often use petrol to burn evidence, such as bodies, or as a weapon to cause harm. Additionally, there are instances where petrol is used in the creation of explosives or as fuel for vehicles involved in criminal activities. To address these issues, petrol bunks are now stringent in checking the ID proof of individuals purchasing petrol in bottles. An employee from a petrol bunk explained, "We have been asked by the police to be cautious and not provide petrol in bottles without verifying the identity of the customer." The police have been actively warning petrol bunk owners against selling fuel in bottles due to instances where it was used in criminal activities.

While some petrol bunks have displayed boards indicating their refusal to sell fuel in bottles, this decision has not been universally well-received. Sandesh Kumar, a biker, expressed his dissatisfaction, saying, "I agree that security measures should be taken, but a few petrol bunks completely reject selling fuel in bottles. There have been many instances where my vehicles ran out of fuel, and I had to source a bottle and walk to the nearest petrol bunk to get fuel so that I could bring back the fuel and continue my journey."

-Keerthana M

DID YOU KNOW?

Veeraswamy Ravichandran is a popular actor and music director in the Kannada film industry. He appeared as a child actor in Dhoomakethu and Kula Gourava. He is also known as 'The Show Man' in Sandalwood. His recent films are Maanikya, Hebbuli, and Drishya. As a producer, he debuted with Prema Matsara in 1982. He is also a lyricist. He is the recipient of the Rajyotsava Awards and many other awards. He also received the Karnataka State Film Award for best actor for Ekangi.



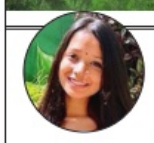
GET HEARD WITH MIRROR 9591233247

Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

TAPTHECHATTER

where Bengalureans speak their mind

How has Bengaluru's rapid development and urbanisation impacted your neighbourhood?



Suhani Goel, BM reader
People are impacted by the metro construction nearby, which has increased a bit of dust and hustle on the main road. The environment demands to be clean and breathable.

Himanshi, BM reader
Since the place I live near has constant metro construction, I think it will help students, but the construction has been going on for many years and has created some problems for the local people.

Surbhi, BM reader
In the area of Bannerghatta, where I reside, I've noticed significant changes over the past three years. Additionally, numerous new cafes have opened up, enhancing the overall convenience and lifestyle in the neighbourhood.

Vedant, BM reader
I think with a lot of development, the issue of traffic congestion has increased. There's an increase in the number of private vehicles on the road, and this adds to the air pollution.

Cheewang Palzor Bhutia, BM reader
Rapid development in Bengaluru has transformed my neighbourhood with increased traffic and modern infrastructure, but it has also brought challenges like congestion and pollution.

Vivek Pillay, BM reader
Even since I have resided in Bengaluru, I feel like the infrastructure is something I really like and admire. The city has unique tall buildings coming up, which gives it a grand look.

SPEAK TO US

What are the biggest challenges Bengaluru faces in terms of infrastructure and public services?

If you want to be featured in this section tomorrow, mail us your answer to this question, in 25 words, by 5 pm today, with 'Tap The Chatter' in the subject line. Mail us with your name, occupation and a picture at mybangaloremirror@timesgroup.com or WhatsApp us on 9591233247

Under the skin

Dermatologist offers advice on how to choose the best sunscreen

Sunburn is a sign that skin has experienced significant levels of damage. Ultraviolet light can change a person's DNA structure, which can lead to cancer.

People's lifestyles also determine the level of solar radiation that they are exposed to. Do they work or socialise outside? How much does their traditional dress cover them up?

The sun has many beneficial effects, for example improving mood and contributing to vitamin D levels, but it is easy to overdose!

The immediate dangers include sunburn, dehydration, heat stroke and even changes to the immune system. Some of the long-term effects are eye damage such as cataracts, visible ageing and skin cancer.

Are people with dark skin at risk?

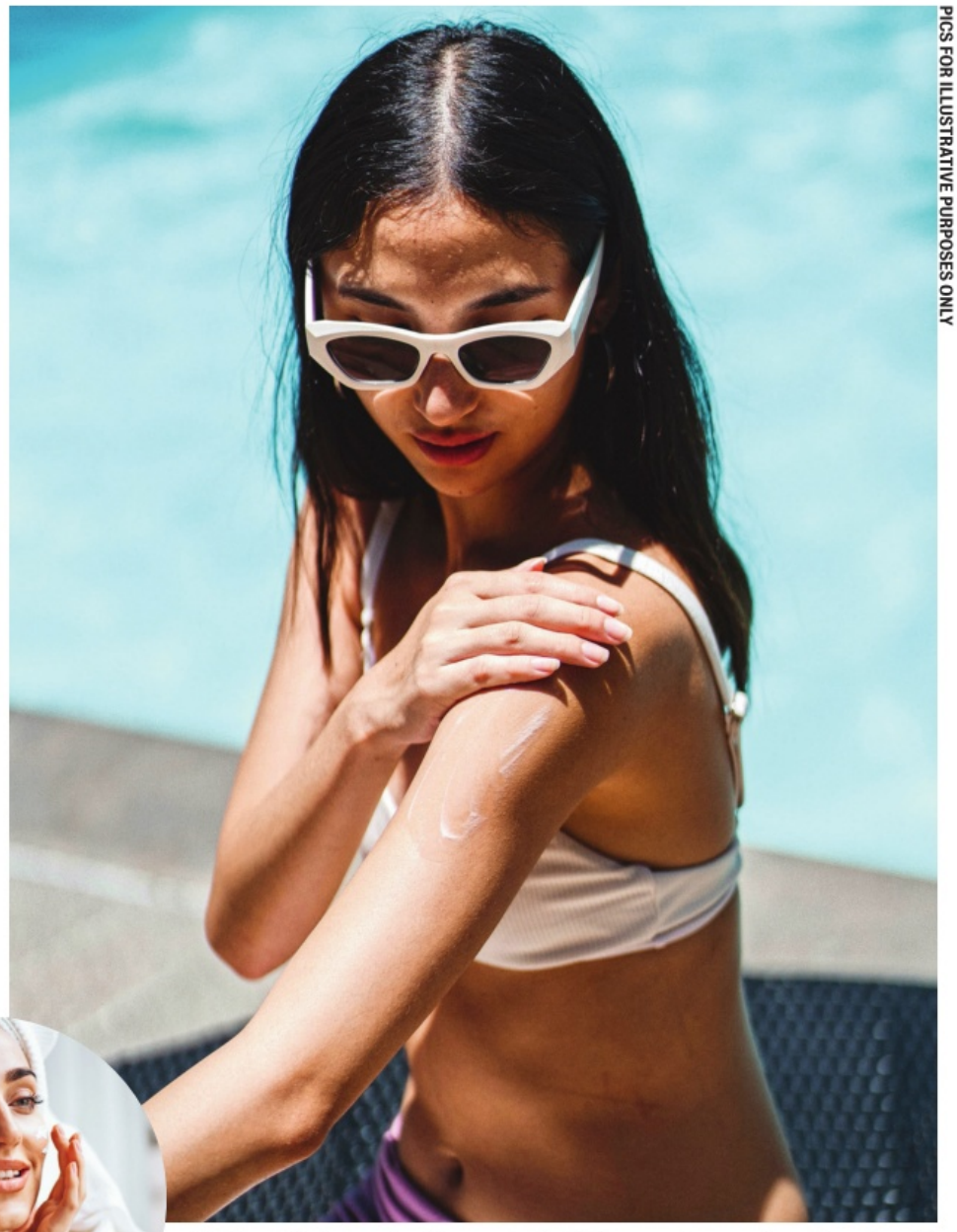
Melanin, which is the main skin pigment, offers protection to living tissues. The more concentrated the melanin, the darker the skin colour. So, someone with a darker skin has a greater degree of inherent protection against some of the negative consequences of sun exposure, compared to someone with light skin colour. This protection is not absolute and varies with the skin colour.

There are many types of skin cancer, but sun-related skin cancers occur far more commonly in people with light skin colours, especially people with blue eyes, and red or blonde hair.

But that doesn't mean they don't occur in people with darker skin colours, and we certainly see them in people with light brown skin. We occasionally see skin cancer in people with very dark skin. To what extent sun exposure drives these cancers is still not clear. This is an area where we need more research.

People with dark skin are more likely than people with fair skin to develop vitamin D deficiency if they have low levels of sun exposure. Lack of vitamin D has many side-effects. It can lead to fatigue, bone pain and muscle cramps as well as mood changes, such as depression.

People with dark skin colours are also more prone than people with light skin to develop uneven or blotchy pigmentation after sun exposure.



PICS FOR ILLUSTRATIVE PURPOSES ONLY

What to look for

Choosing from the multitude of modern sunscreens can be overwhelming. There are a couple of basic principles that can guide us.

There are many different types of rays present in sunlight. We are still learning about all the parts of the solar spectrum that have important effects on our skin.

The rays that are most damaging to our skin are called ultraviolet rays. There are both UVB and UVA rays.

Most UVB from the sun doesn't reach us. It penetrates our skin relatively superficially. But nevertheless it can cause sunburn and some types of skin cancer.

Sun protection factor (SPF) is a measure of UVB protection. Sunscreen should have an SPF of at least 30, but preferably 50. This is because very few of us actually apply as much sunscreen as the manufacturer uses to test the product, so we actually get a lower SPF out of our product.

Around 95% of the ultraviolet radiation we experience is UVA. It penetrates the skin more deeply than UVB. It plays a role in tanning, sunburn, ageing and skin cancer.

This is where things get very confusing. There is some variation in how manufacturers report UVA protection. You might see PA+ (protection grade of UVA), a star-rating or UV protection factor (UPF). Most sunscreens simply indicate that it is present, or say "broad-spectrum".

"Ultraviolet light can actually change the structure of your DNA, which can lead to a mutation in a specific gene that either promotes cancer or one that fails to suppress cancer

Finding a sunscreen with particularly high levels of UVA coverage is only beneficial to people who are worried about the evenness of their complexion, and people already struggling with uneven pigmentation. This is because this portion of the light spectrum drives the development of uneven pigmentation. Look for brands that state that their sunscreen is "anti-dark spot", if this is a concern to you.

Visible light, especially blue light, and infrared radiation protection, are now included in some sunscreens. Both types can damage the eyes. Visible light in particular plays an important role in uneven pigmentation. It's important to apply sunscreen correctly and to remember that protection is more than just sunscreen.

Sunburn facts

Sunburn is to be avoided at all costs. It's a sign your skin has been damaged. If you look at sunburned skin under a microscope you'll see swelling, dead skin cells, dilated blood vessels and changes in immune cells that fight harmful substances and germs that enter the body.

Ultraviolet light can actually change the structure of your DNA, which can lead to a mutation in a specific gene that either promotes cancer or one that fails to suppress cancer.

Luckily, our bodies have a number of safety mechanisms, but the more we strain this system, the greater our chance of developing a skin cancer. Melanoma, in particular, can be deadly if it is picked up only when it's advanced. Once you have a sunburn, there's not a lot you can do besides relieving symptoms with rest, anti-inflammatories, moisturisers and oral hydration. With all these dangers it's really important to avoid sunburns, especially in children. Early sun protection is like saving for your retirement.

(By Bianca Tod, Stellenbosch University, The Conversation)

Should you be wearing sunscreen indoors?

The basic tenet of skincare is that sunscreen is a must; after all, it helps protect our skin from ageing and pigmentation. And, while we're used to applying sunscreen before we step outdoors, the question arises: do we need to apply sunscreen while we're indoors too, especially if we sit near a window? We asked Dr Madhuri Agarwal, Founder and Medical Director of Yavana Aesthetics Clinic, Mumbai, for her thoughts.

Sunscreen 101

"One needs to apply sunscreen daily in the morning and reapply throughout the day," says Dr Madhuri. "Even if you're indoors, you require sunscreen. This is because UV rays consist of UVA and UVB rays. UVB rays cause an immediate sunburn; the impact is short-term, superficial, and can lead to immediate tan and skin cancer. UVA rays cause delayed sun damage, which is deeper, harming the DNA of skin cells and leading to skin ageing, resistant pigmentation and melanoma. With darker skin types, like ours, which are more melanin-rich, UVA rays can cause hyperpigmentation."

Protection Indoors

While glass windows can block UVB rays, UVA rays can penetrate glass windows. Hence the need for sunscreen indoors, especially if you are sitting near windows. It is also a good habit to apply sunscreen indoors; it often happens that you step out for some errands in the middle of work and forget to apply sunscreen.

From Blue Light

Dr Madhuri adds, "There are some studies (though not very conclusive) that show how the harmful effects of blue light (high energy visible light) emitted by devices such as desktops can, in the long run, cause photodamage on the skin. Opt for a broad-spectrum sunscreen as only SPF is not adequate or effective."

by Karen Alfonso, Femina

TIP: Avoid smoking and keep the house well-ventilated otherwise fungal or viral infections can spread

Guava is rich in folate which promotes fertility and is also beneficial to women suffering from PCOS

All you need to know about...

Psilocybin-aided therapy

Mushroom magic
According to a phase II clinical study, psilocybin, a hallucinogenic chemical found in several mushrooms of the genus Psilocybe, may help persons suffering from cancer and severe depression.

Dip in depressive symptoms
When trial participants were interviewed at the conclusion of the experiment, they not only reported a decrease in depressive symptoms, but they also spoke positively about the therapy.
Wiley published the findings in two pieces that appeared online in CANCER, a peer-reviewed journal of the American Cancer Society.

Schedule I substance
Psilocybin can influence mood, cognition, and perception by attaching to a specific subtype of serotonin receptor in the brain.
Psilocybin is now classed as a Schedule I substance, which means it has no established medicinal value and a potential for abuse.

Group study
"This study was differentiated by its group approach. Cohorts of 3-4 patients were simultaneously treated with 25 mg of psilocybin in adjacent rooms open at the same time, in a 1:1 therapist:patient ratio," explained lead author Manish Agrawal, MD, of Sunstone Therapies.

Psychological impacts on cancer patients
"As an oncologist for many years, I experienced the frustration of not being able to provide cancer care that treats the whole person, not just the tumor," said Dr. Agrawal.
"This was a small, open-label study and more research needs to be done, but the potential is significant and could have implications for helping millions of patients with cancer who are also struggling with the severe psychological impact of the disease." —ANI

PIC FOR REPRESENTATION PURPOSE ONLY

Sweet somethings on X'Mas

These easy-to-make and delicious eggless sweets are sure to find place on your party table

EGGLESS SUGAR COOKIES

INGREDIENTS
- 3¼ cups all-purpose flour
- 1½ tsp baking powder
- ½ tsp salt
- 1 cup butter at room temperature
- 1¼ cups caster sugar
- ¼ cup milk
- 1 tsp vanilla extract

METHOD
- Sift together the flour, baking powder and salt in a bowl and set aside.
- In another bowl, using an electric mixer with a whisk attachment, cream the butter and caster sugar until light and fluffy.
- Mix in the milk and the vanilla extract.
- Gradually add the sifted flour mixture. Mix for a couple of seconds until all the ingredients are well incorporated.
- Scrape the dough and wrap using cling-wrap. Flatten the dough inside the cling wrap to a disc shape. Chill in the refrigerator for two to three hours.
- Preheat the oven to 170° C.
- Lightly dust a clean flat surface with some flour and roll the dough to about 2mm to 3mm thickness (or as desired) and cut into your desired shapes.
- Transfer the sugar cookies onto a silicon baking mat or a cookie tray lined with parchment paper and bake until done.

EGGLESS GINGERBREAD COOKIES

INGREDIENTS
- ½ cup (85 g) butter at room temperature
- ¾ cup (150 g) caster sugar
- ¼ cup (60 ml) milk
- 4 tbsp honey
- 2½ cups (350 g) all-purpose flour
- ¾ tsp baking soda
- 2 tbsp cinnamon powder
- 2 tbsp ginger powder
- 1 tsp clove powder

METHOD
- Cook the cutter, caster sugar, milk and honey in a saucepan over a low flame, stirring gently, until the butter has melted and the sugar has dissolved.
- Transfer this mixture to a bowl and allow to cool for a few minutes until it reaches a lukewarm temperature.
- In another bowl, sift together the flour, baking soda, cinnamon powder, ginger powder and clove powder. Add this to the butter mixture and mix it to a dough.
- Wrap the dough using cling-wrap. Flatten the dough within the cling-wrap) to a disc shape and chill in the refrigerator for two to three hours.
- Preheat the oven to 170° C.
- Lightly dust a clean flat surface with some flour and roll the dough out to about 3mm to 4mm thickness (or as desired) and cut into your desired shapes.
- Transfer the gingerbread cookies to a silicon baking mat or a cookie tray lined with parchment paper. ·
- Bake in the oven for about 12 to 15 minutes or until light brown.

EGGLESS CHOCOLATE CUPCAKES

INGREDIENTS
- 1½ cups all-purpose flour (maida)
- 1 cup caster sugar
- ¼ cup unsweetened cocoa powder
- 1 tsp baking soda
- ½ tsp salt
- 1 cup hot water
- 1/3 cup vegetable oil
- 1 tbsp vinegar

For the chocolate ganache
- 200 g chopped chocolate
- 100 g fresh cream

METHOD
- To prepare the chocolate ganache, lightly boil the cream in a saucepan. Pour the cream over the chopped chocolate and let it rest for a minute. Mix until well combined. Cool to room temperature and refrigerate for an hour or two.
- Preheat the oven to 170° C.
- Line your cupcake pan with cupcake liners.
- Sift and mix all the dry ingredients – flour, caster sugar, cocoa powder, baking soda and salt – into a large mixing bowl.
- Add the wet ingredients to the dry mixture and mix well using a spatula.
- Pour the mixture into the pre-lined cupcake pan and bake in the preheated oven for 20 to 25 minutes until a toothpick comes out clean.
- Once cool, top with the cooled chocolate ganache.
- Note: these cupcakes are egg-free, lactose-free, soy-free and nut-free.

Recipes by Prachi Dhabal Deb, head judge of Cakelogy India, for Femina

Fatima reflects on her journey

Actress Fatima Sana Shaikh, who made her debut with the sports drama film 'Dangal', is celebrating seven years of its release on Saturday. The film, which featured Fatima in the role of wrestler Geeta Phogat is a biopic based on Mahavir Singh Phogat and his daughters Geeta and Babita.

The film wasn't just a cinematic treat but it was a cultural phenomenon, with Fatima's portrayal of the real-life wrestling champion earning her accolades and adoration in equal measure.

Reflecting on her journey, Fatima said: "It's been seven years since 'Dangal', a film that marked my debut in cinema and gave me happy tears, joy, and timeless memories. From 'Dangal' to 'Dhak Dhak' my film career has been a roller coaster ride of emotions with happiness, tears, joys and sorrows."

She further mentioned: "Geeta Phogat will always hold a special place in my heart and I'm grateful for all the love this character has received. Here's to seven years of stepping into her shoes, to the 'Dangal' family that made it possible and to the magic of this amazing film." —IANS

Talk about resolutions

Siddhant Chaturvedi is four films old in the industry and he insists he is very different from the characters he has played thus far. The actor's next film 'Kho Gaye Hum Kahan' will be streaming on Netflix.

The actor, who made his debut essaying MC Sher in Zoya Akhtar's 'Gully Boy', said his character Imaad "absolutely" does not resonate with him.

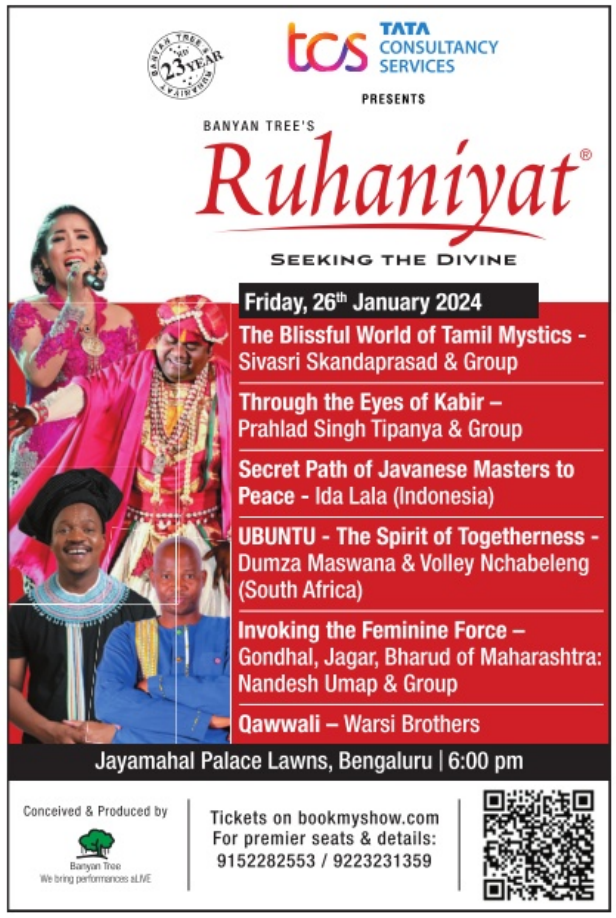
"All the characters I have played till date are nowhere close to me," Siddhant said. "I don't rap, I don't cheat. So, none of the characters are close to me. But that is the fun part where I get to escape. I always tend to choose grey characters because it is so much fun to play out the complexities of the human brain."

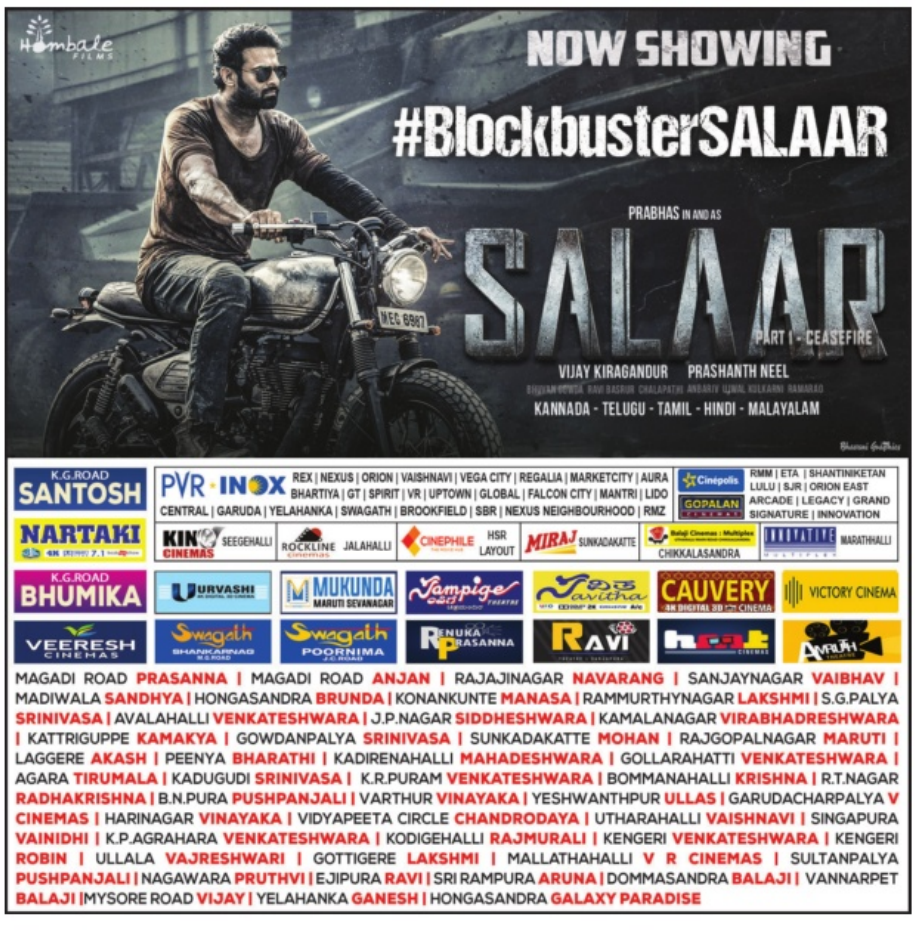
Talking about his resolution for the year 2024, he said, "I want to do up my wardrobe. My mom always does it for me. I want to start doing it on my own. I want to fix that in my life."

'Kho Gaye Hum Kahan' is a coming-of-age drama directed by Arjun Varain Singh. It narrates the story of three best friends who manage their goals, relationships and emotions together.

Produced by Ritesh Sidhwani, Farhan Akhtar, Reema Kagti and Zoya Akhtar under the banners of Excel Entertainment and Tiger Baby, the film features Ananya Panday, Adarsh Gourav and Siddhant Chaturvedi in lead roles." —IANS

RAMBO CIRCUS
FROM 21st DECEMBER 2023
TO 2nd JANUARY 2024
Daily 3 Shows 1:30pm, 4:30pm & 7:30pm
Online Ticketing :- www.RamboCircus.in
FOR BOOKINGS CALL 8306430643
Online Ticketing :- bookmyshow
ST.JOHN'S AUDITORIUM, OPP BDA COMPLEX
GATE NO.5, KORAMANGALA


TATA CONSULTANCY SERVICES
PRESENTS
BANYAN TREE'S
Ruhaniyat
SEEKING THE DIVINE
Friday, 26th January 2024
The Blissful World of Tamil Mystics - Sivasri Skandaprasad & Group
Through the Eyes of Kabir – Prahlad Singh Tipanya & Group
Secret Path of Javanese Masters to Peace - Ida Lala (Indonesia)
UBUNTU - The Spirit of Togetherness - Dumza Maswana & Volley Nchabeleng (South Africa)
Invoking the Feminine Force – Gondhal, Jagar, Bharud of Maharashtra: Nandesh Umap & Group
Qawwali – Warsi Brothers
Jayamahal Palace Lawns, Bengaluru | 6:00 pm
Conceived & Produced by
Tickets on bookmyshow.com
For premier seats & details:
9152282553 / 9223231359


Hombale Films
NOW SHOWING
#BlockbusterSALAAR
PRABHAS IN AND AS
SALAAR
PART 1 - CEASEFIRE
VIJAY KIRAGANDUR PRASHANTH NEEL
KANNADA - TELUGU - TAMIL - HINDI - MALAYALAM
K.G.ROAD SANTOSH
PVR · INOX
NARTAKI
KIN CINEMAS
CINEPHILE
MIRAJ
Cinépolis
GOPALAN
K.G.ROAD BHUMIKA
URVASHI
MUKUNDA
Jampige
Navitha
CAUVERY
VICTORY CINEMA
VEERESH CINEMAS
Swagath
RENUKA PRASANNA
RAVI
MAGADI ROAD PRASANNA | MAGADI ROAD ANJAN | RAJAJINAGAR NAVARANG | SANJAYNAGAR VAIBHAV | MADIWALA SANDHYA | HONGASANDRA BRUNDA | KONANKUNTE MANASA | RAMMURTHYNAGAR LAKSHMI | S.G.PALYA SRINIVASA | AVALAHALLI VENKATESHWARA | J.P.NAGAR SIDDHESHWARA | KAMALANAGAR VIRABHADRESHWARA | KATTRIGUPPE KAMAKYA | GOWDANPALYA SRINIVASA | SUNKADAKATTE MOHAN | RAJGOPALNAGAR MARUTI | LAGGERE AKASH | PEENYA BHARATHI | KADIRENAHALLI MAHADESHWARA | GOLLARAHATTI VENKATESHWARA | AGARA TIRUMALA | KADUGUDI SRINIVASA | K.R.PURAM VENKATESHWARA | BOMMANAHALLI KRISHNA | R.T.NAGAR RADHAKRISHNA | B.N.PURA PUSHPANJALI | VARTHUR VINAYAKA | YESHWANTHPUR ULLAS | GARUDACHARPALYA V CINEMAS | HARINAGAR VINAYAKA | VIDYAPEETA CIRCLE CHANDRODAYA | UTTARAHALLI VAISHNAVI | SINGAPURA VAINIDHI | K.P.AGRAHARA VENKATESHWARA | KODIGEHALLI RAJMURALI | KENGERI VENKATESHWARA | KENGERI ROBIN | ULLALA VAJRESHWARI | GOTTIGERE LAKSHMI | MALLATHAHALLI V R CINEMAS | SULTANPALYA PUSHPANJALI | NAGAWARA PRUTHVI | EJIPURA RAVI | SRI RAMPURA ARUNA | DOMMASANDRA BALAJI | VANNARPET BALAJI | MYSORE ROAD VIJAY | YELAHANKA GANESH | HONGASANDRA GALAXY PARADISE

real estate

ESTATE & PROPERTIES

URGENTLY Reqd Property any dimensions in & around Bangalore for Builders (Joint Venture or Individual).genuine Parties. 9019533999/ 9731379933

BANGALORE PROPERTIES

BANASHANKARI

MARS THE-PLANET 2, 2.5, 3 BHK Flat Located @BSK 3rd Stage opp to Tata Promont, 8792155802 9972399993 & 9880625336

WANTED BDA Sites 30x40, 40x60, 5x80 at Banashanakri 6TH STAGE in all BLOCKS immediate settlement Owners/ Sellers/Buyers Call: 9686750396

BANASHANKARI 6th Stage 4th Block 40x60 East facing BDA Site for Sale good location Ready for construction & 30x40 Sites Available Call: 9845010893.

WANTED BDA SITES IN BANASHANKARI 6TH STAGE/ANJANAPURA IMMEDIATE SETTLEMENT . CT : 9535575774 / 9343668888.

BANNERGHATTA ROAD

SALE, AVANI Shringeri Nagar, 35x60 West, 60x40 East, Devarchiknalli 30x40 60x80 West, Rs. 8750/sft. DC Converted : 9343361697

@DLF NEW town Near Akshay Nagar attached proposed to prestige appt, imd Cons 100 mtrs from 80feet road call 9535051008

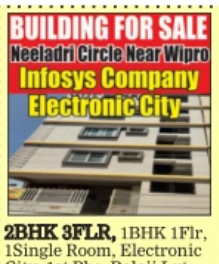
BASAVESHWARA NAGAR

PRELAUNCH 2400 sq ft. East Face, One Flat per Floor, Behind Hotel Priyadarshini Grand. Rs. 2.5 Cr nego. 9900567265.

BTM LAYOUT

BMS APARTMENT 2 BHK Apartments for Sale BTM 4th Stage Rs.45 lakhs onwards Ph: No. 8951770606

ELECTRONIC CITY



2BHK 3FLR, 1BHK 1Flr, 1Single Room, Electronic City, 1st Phs, Balaji Lyt, Rent Income 60k Rs.1.10Cr Ct: 9743700700/ 9620965007

FULLY Developed BMRDA approved layout @ Chandapura to Anekal Road. opposite Surya City 2nd Phase Rs.1950/- Bank Loan available Call: 9986627799

ROYALE CONCORDE INTERNATIONAL SCHOOL
For branches: Kalyan Nagar, Chamarajpet, Kothanur

WE ARE HIRING ENTHUSIASTIC EDUCATORS

KALYAN NAGAR	CHAMRAJPET	KOTHANUR
-	Principal	-
-	-	Pre-school Unit Head
PGT (All subjects)	-	-
TGT (All subjects)	TGT (All subjects)	TGT (All subjects)
PRT (All subjects)	PRT (All subjects)	PRT (All subjects)
PPT/KG Teacher	PPT/KG Teacher	PPT/KG Teacher
ATL In-charge	-	-

- Physical Education/P.E.T
- Librarian
- Dance Teacher
- Substitute Teacher
- Personal Secretary to Principal
- Personal Secretary to Academic Director
- IT Analyst
- Administrative posts - Estate Managers, Transport Managers & Supervisors, Accountants, HR, Admission Counsellors, Office/Admin-Asst., Receptionists.

Drop-in your resume (along with passport size colour photo) on any working day between **9:00 a.m to 3.00 p.m.**
Or Apply in confidence at: jobs@rcis.in, info@rcis.in
(Kindly mention the preferred Branch)

Salary & Remuneration as per Qualification and Experience

Other posts – 1. Support staff including Office-boys, Sweepers etc.
2. Transport staff including experienced Drivers, Mechanics, Lady-attenders, Cleaners etc. can drop-in their resume along with passport size colour photo on any working day between **9.00 a.m to 3.00 p.m.**
Or send mail to - jobs@rcis.in, info@rcis.in
(Kindly mention the preferred Branch)

For more details, Contact:
080-25435454/55, 95352 16115

FRAZER TOWN

WANTED 30*40 SITE

IN FRAZERTOWN/ Cooketown/ Colespark Or Bensontown, Site Owners Only Call Ns 9900001973

HSR LAYOUT

60X40 WF comml bldg 10.80Cr, 1250 sft comml bldg, Rs.7cr,rent 3.0 lakh,30x40, new bldg, rent 2.8 lac, Rs.5.75cr,30x40 E/F, rent 2.6 L, Rs.4.75Cr. 9341925130

INDIRA NAGAR

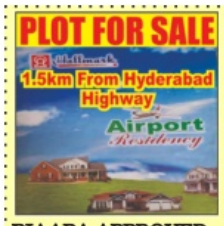
SALE 50*80 SITE

MAGNIFICENT Location in Indiranagar Defence Colony, Genuine Prospective Buyers Call "Niti Estates" 9900001973

READY2 MOVE FLAT Close to Rameshwaram CAFE Indiranagar, Posh Locality. More Details Call: 99024 50066

NEAR CMH road E.F. 1200 sft Suitable Residential / Comm. / Semi commercial. Also Around CMH Metro 1000/1200/1340/ 2000/4000sft for sale. 9740706714

INTERNATIONAL AIRPORT - AROUND



BIAAPA APPROVED 40x60 Plot E/F for sale in Airport Residency, Chikkajala. Rs 3800/ Sqft Negotiable Call: 9880466116

FOOTHILLS of Nandi gated community, plotted W/F land 2,980 sq feet available corner property clear titles. Loans available : Contact 9341220334

JAKKUR

BEHIND MANYATA Rent 20x30 New BDA house 4+1 bhk Behind Vibgyor School gkvk road 9845317711 / 9741370007.

JAYANAGAR

SALE- 45x40 West facing, Jayanagar 1st Block, Near Ashok Pillar, Bangalore. K.K. REALTORSS Contact: 9741437555, 6366623666

SALE 40x60 North Facing Old House 5th Block Jayanagar Near Metro Station and Park Good Location Contact: 9611844667, 8123515830

JP NAGAR

SALE JPNAGAR 2BHK 1450sft GR Residency Gated Community Close to JPN Metro Station Rs. 1.20cr Call: 9845922769

KAGGADASPURA

3-BHK Duplex House with 2200sft Built up area, North East facing Site Dimension 940sft A Khatha, Possession by December 2024 price Rs 2.15cr Contact: 9945190564

KANAKAPURA ROAD

2/3 BHK FLATS @ Judicial Layout 2nd Phase Off. Kanakapura Road with Super Luxury Amenities: 9448383227

FARM PLOTS for sale at Kanakapura Road, Somanahalli. For details scan qr code or call: 9880599707

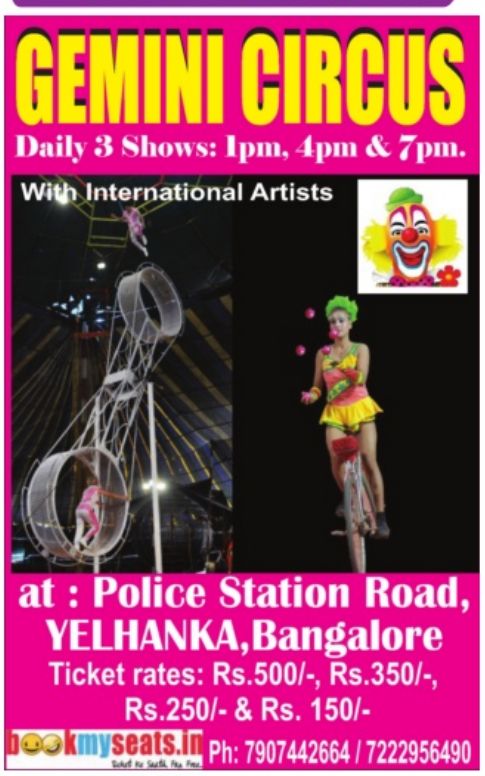
THE TIMES GROUP

Readers are recommended to make appropriate enquires and seek appropriate advice before sending money, incurring any expenses, acting on medical recommendations or entering into any commitment in relation to any advertisement published in this publication. The Times Of India Group doesn't vouch for any claims made by the Advertisers of products and services. The Printer, Publisher, Editor and Owners of The Times Of India Group publications shall not be held liable for any consequences, in the event such claims are not honoured by the Advertisers.

GET NOTICED

ಶೋ ಆಫ್
SHOWOFF
NEW COLLECTIONS
JAYANAGAR, COMMERCIAL Street
MANTRI SQUARE Mall, GOPALAN ARCADE Mall
Ph: 080 41145340
UPTO 50% OFF
Bangalore: • Commercial Street • DVG • Gopalan Arcade • Gopalan Signature Mall • Jayanagar • Mantri Square Mall • Malleshwaram • Phoenix Market City • Royal Meenakshi Mall • Yelahanka New Town
• Belagavi • Bellary • Bidar • Bijapur • Chikmagalur • Gulburga • Hassan • Hubli • Mangalore • Mysore • Tumkur • Ahmednagar (Maharasthra)

GALLERIA



BANGALORE PROPERTIES

KORAMANGALA

COMMERCIAL SPACE available for rent. 2300 sqft near Maharaja hotel signal Koramangala. Contact - 8951770606

OFFICE SPACE 4 Flrs, 2200 Sqft Each Parking Lift All Amenities. Contact: 9342822252/ 9916922211

MAHADEVAPURA

43546 Sqft Company owned Industrial/ Commercial Land Built to Suit or Land as is where is for Long Term Lease available in Mahadevapura, Bangalore. Suitable for Office, Factory, Red Category Industries as specified by KSPCB permitted. 60 ft Road Access, 210 ft frontage. LT power available, HT upgrade possible. BWSSB water available. For details : Call : +91 7353765470 or Email kumar.s@myuniflex.com

MARATHAHALLI

SALE: Ferns Habitat 45×65 North face old house @ 4.25 Cr on Marathahalli outer Ring Road, gated community with all amenities. Call: 97424 00718

MULTIPLE LOCATIONS

SADHASHIVNAGAR RMV, Judicial lyt, Manyata, Nandini lyt, North county Dodaballapur 50x80, 60x90, 120x200, 44000 sft. 2% commission. 9380586105

MYSORE ROAD

MYSORE Road Kumbalagodu Bangalore prime Industrial area 11600 sqft land area,16000 sqft Built up fully equipped garments manufacturing unit Sedex approved with 150 HP power available for sale. Contact: 99451 56100.

"**MYSORE** ROAD Kumbalgodu Prime Industrial Hub 13200 sqft Commercial SHED, 3 Side Road, Corner property available for RENT (Rs 25/- per sq ft) or for SALE (Cost 4.5 cr) Call: owner 9844027560"

NAGARBHAVI

FOR SALE 60X40 South Face A Katha Nagarbhavi Layout, Sajje Palya. Near BBMP Ward Office. Contact: 9448483403

COMMERCIAL Site Sale N/F NGEF Lyt Mallathahalli 60ft Rd BDA Katha Nr Nagarabhavi Ring Rd Total Area 3750Sft: 8217392686/ 9980433004

OMBR LAYOUT

3BHK LUXURIOUS FLATS AVAILABLE FOR SALE. 2200 SFT Independent floor M: 9108387564. 8050502605

OTHERS

FOR Sale Gabadi Gramatana, Herohalli Taluk, Kanakapura District, 32 Guntas. K.K. REALTORSS, Contact: 9741437555, 6366623666

RAJAJI NAGAR

INDEPENDENT W/F BDA Property, Rajajinagar 1st 'N' Block, Behind Vidya Vardhaka School & Play Ground. CALL : 9620164488

RAJARAJESHWARI NAGAR

MAGNUM 1150 sft. Ground and 1st Floor 2 Nos. RR Nagar, near Rashtrothana Hospital. CALL : 9663296699

TRILOK VILLAS and Apartments Premium Plots at Kenchanahalli @ R.R. Nagar. 9008880994 9900199564 & 9972399993

SAHAKARA NAGAR

2BHK SEMI Furnished 1370 SQFT Flat for Sale at Sahakarnagar 1.35 Crore. Contact 9902122951

SAHAKARANAGAR 30X40 West facing Site available for sale in "A" Block Prime Location Buyers Please Call 9148322909/ 6366692009

THE TIMES GROUP
Readers are recommended to make appropriate enquires and seek appropriate advice before sending money, incurring any expenses, acting on medical recommendations or entering into any commitment in relation to any advertisement published in this publication. The Times Of India Group doesn't vouch for any claims made by the Advertisers of products and services. The Printer, Publisher, Editor and Owners of The Times Of India Group publications shall not be held liable for any consequences, in the event such claims are not honoured by the Advertisers.

SILK BOARD

2&3 BHK East and North Facing Flats, 100% Vaastu Quality Construction with Balcony,Carparking 1150& 1350Sft Loans Apprvd from Reputed Banks Rs 4500 Per sft + 9844202079/9663704823

LAASYA CANOPUS Ready to move Price: 70 Lacs On wards. Contact: 9353572178

VIDYARANYAPURA

3 BHK Semi Furnished 1440 SQFT Flat for Sale at Vidyaranyapura, Rs 85 lakhs. Contact 9902122951

SALE Vidyaranyapura 50x80 North Facing Thripex 6 BHK Posh Bungalow 40ft Road with lift, 5cr Call: 9845922769

SALE: VIDYARANYAPURA -60'x40'- BEL layout with 4 BHK Independent Duplex house South face good condition - (3.4cr.). 9844264852.

VISVESWARAIAH LAYOUT

VISVESWARAIAH Lyt 8th Blk 30x40 SF, A-Khata,(applied) Opposite National Public School (West) Rs.10,750/- Per Sft. Genuine Buyers Only, Brokers Excuse.Ph: 9686111709

"**DIRECT** OWNER" 40x60 E/F BDA #2194 Site for Sale VISHVESWARAIAH LAYOUT 1st Block, 60 feet Road, Rs.10800/-sqft. Call: 9886634578

NADA PRABHU Kempegowda Lyt,1st blk,sector H Kodigehalli NW Corner,1800 Sqft, BDA Auction,Clear Titles, 7500/- Per Sft. Genuine Buyers: 9686111709

30X40 Vishveshwaraiah Lyt North 2nd Block 100ft Road Parall 8000 & 40X60 Site Sale 6th Block Direct Owner Near KLE Law College: 8550003509

SELLING/BUYING 20x30, 30x40,40x60,50x80, Vishveshwaraiah Lyt Surrounds Rs.7000 to 12000/-P.Sft. "Rajarajeshwari Estate"- 9945518355/ 9008360005

"**30X40** BDA KATHA' Park Facing SITE FOR SALE RAILWAY LAYOUT 1st Stage, close to JNANABHARATHI. Contact: 9742681666

WHITEFIELD

GOLDEN Opportunity to own Excellent 4 bedroom House on 4000 sft in Laughing Water, Layout. Contact : Midford 9342580650, 8317305313

YELAHANKA

PRIME VILLAS Ready Construction with Bank Loan Adj to Aditya Engg. College @ 1749/-Sft 9036207777/ 9611146463

FARM HOUSES

MANAGED FARMLAND:160RS / Sft *Ready to move in Farm House Contact: 6364684242

LAND FOR SALE

2ACRES 8Gunta Industrially Converted Land with 25700sqft Building & 35000sqft un Finished building on NH4 nr T.Begur, Nelamangla: 9844522990

3ACERS Land Attached to NH44, Near Vadigepalli Village Palasumudram, Anantapuram District Near to SEZ of BEL, NACIN, Aero Park 9739339743

FOR SALE

BANGALORE

INDEPENDENT bungalow with 4 bedrooms for sale in Sadanandanagar NGEF Layout near Metro Station. Contact 9900566831/9900547942

SADANANDANAGAR NGEF Layout, 3bhk Apartment for sale near Metro Station. Contact 9900566831/ 9900547942

SALE - Premium property at prime location. 40×60 with old house In Koramangala 3rd Block. Call: 6360080853

MYSORE

1 bhk fully furnished & renovated flat for sale in a very good vicinity of mysore.Just opp.to Das Prakash paradise, yadavagiri, 2nd floor,Saowan apartment, contact:9620066400

LAND-IN-MYSURU 10.5 gunta (62 x 183 feet). Two sides road. Near upcoming Mysuru-Kushalnagar highway. Call: 9400949997

MUMBAI PROPERTIES

MUMBAI

SALE-BYCULLA Mumbai 3 BHK FLAT 1265 carpet 3 Master Bedroom, Large Balcony, Car Parking, 2 Lifts, Price 5.50 cr. Owner: 9821540733

OUTSIDE BANGALORE

BELLARY

4 ACRES Agricultural Land for Sale at River Bank Land Mark, Near JSW Torangallu, Bellary. Contact 8792487771

MYSORE

"**MUDA**" Approved Sites. Near Vijayanagar 4th Stage Mysore, fully developed layout.Sites available in all Sizes.Ready for Registration. Bank loan available.Call : 9036081748 /9945003730.

SALE SITE Laxmipuram Centre of Mysore, 2kms Railway Station. 90X40 East Facing Adj 2 Sites No Brokers: 8088402890

FOR SALE Agricultural land clear titles, 5 minutes drive from Ring Road only genuine buyers Call: "Sri Ganesh Estate"- 9845286505

PROPERTY ANCILLARIES

COMMERCIAL PREMISES

1ST 2160 sft, 2nd 1700 sft, 4th Floor 2160 sft. Suit. for Bank/Office, @ Yelahanka New Town, Opp. Udupi Grand Hotel. 9448032909

12000- 15000 sqft office space avble in Rajajinagar industrial town with lift power backup parking. Each floor 3100 sqft. Call 9845469966, 9845367059

OFFICE Space available for Rent. First Floor. 2500SqFt. Fully Furnished, at Jayanagar 4Th "T" Block. Call 9845350459.

VISHWESHWARAIAH LAYOUT. GF: 3177 Sft. FF: 2783 Sft. SF: 3076 Sft. Parking for 8-10 Cars. Ph: 98453 36624, 88803 35944

IT OFFICE Space 4500 sft to 9000 sft available for RENT near Yeshwanthpur Metro with all amenities Contact: 9916155055

LEASE & RENT

OFFICE Space Rent above YLG Saloon Nr Kalyani Motors Kundlahalli, ITPL Mn Rd. Opp. Macdonalds 2nd Flr 1500 Sft & 4th Flr 500 Sft. Ph:- 9845680613

FULLY furnished independent home with 5 bed rooms available at Koramangala 4th block. Looking for corporate guest house for banks and IT offices. Contact number 8861206754 9606205386

INDUSTRIAL PREMISES

2 acres 20 Guntas of Industrial converted land for rent in Solur Gudemaranahalli hand post on NH 75 15kms from Nelamagala-Kunigal Junction-On Main Road. call: 9900521719

KSSIDC INDUSTRIAL Estate. Bommasandra Industrial area. North east facing with Power 65 hp. Phone 7975807685.

WAREHOUSES

WARE-HOUSE for Rent avlb in Harohalli Industrial area 3rd phase,1st Ware house 24,150 sft, 2nd 17,800 sft ,Call: Karthik: 9606154546, 9845551895

GUEST HOUSES

INDIRANAGAR 80 Ft Rd fully furn A/C 4 BHK suitable: Guest House, 2 Halls, 2 Servant Room, 2Carpark Rent Rs.1.50 L pm Call: 9901778787/ 9343728200

PROPERTY INVESTMENT

REQUIRED Investors For Lavish Flats in R R Nagar BEML Layout Prelaunch Offer at Rs 5000/sft Completion in 2 years Call: 9741832215

jobs

SITUATION VACANT

ACADEMIC

TEACHER

A reputed school in CK Palya needs female sports and Kannada teacher. Interested candidates email resumes on application515253@gmail.com

ACCOUNTS

ACCOUNTANT

WANTED a well experienced in system work, Tally, GST & Accounts and to maintain office. Either girls or boys. We are providing good accommodation and salary also. No age limit. Interesting candidates please contact 080-41628074, 9035394144. Address - Sri Venkatadri, No. 132, 23rd cross, 5th main, 7th Sector, HSR Layout, Bangalore-560102.

MARKETING, ADVERTISING & SALES

SITUATIONS ABROAD

A Dubai based Company seeking skilled AC Technicians with expertise in VRF/VRV systems to join our team for Dubai. The ideal candidate will be responsible for the maintenance and repair of VRF/VRV HVAC systems in residential / commercial buildings. Proven experience as an AC Technician with abroad experience will be an added advantage. Pls share your CV: biju@jenoubasia.com or WhatsApp: +971 55 560 6147

SALES

personal

CHANGE OF NAME

I,BABAJAN S/o Ibrahimsab Residing At No.161, Chikkajala Village, Chikkajala Post, Jala Hobli, B'luru-562157 wish to state that in my passport my name and my father's name is printed as Babjan and Ebrahim Sab respectively. Hence, it has to be corrected to Babajan and Ibrahimsab vide affidavit dated: 21/12/2023 sworn before Uday Kumar K, Blr.

I, Firdose Saba W/o. Babajan Previously Called Firdouse Saba, Presently Residing At No.161, Chikkajala Village, Chikkajala Post, Jala Hobli, Bengaluru-562157 have changed my name from Firdouse Saba to Firdose Saba vide affidavit dated 21/12/2023 sworn before Notary Uday Kumar K, Blr.

I, RAKSHITH, S/o Rathnakara Shetty, R/o Thotadamane, Kunjyadi, Idooru Kunjnady Post, Udupi-576233. Have changed my name to RAKSHITH R SHETTY, for all my document purpose. Vide affidavit dated 22-12-23, sworn before notary M.K.Devaki, Bengaluru.

I, Gautam Agnihotri R/o No T3-184, Pebblebay Apartment B'lore-94 Changed My Minor Child's Name From Anaira Agnihotri to Anairaa Gautam Agnihotri for All Future Purposes.

I Margret Jenny, R/O Flat 105, ATZ Rockview Apts, Phase 1, 1st Cross, Kalappa Block, Srirampura, Bangalore, Karnataka -560064, have changed my name to Margret Jenny Franklin.

I, Naresh Ganesh Shetty R/o No 39 Amba Nilaya, 2nd Main Doddabettahalli, Vidyaranyapura,b'lore-97 Changed My Name Naresh Shetty to Naresh Ganesh Shetty for All Future Purposes.

I Selvamurugan Anbalagan S/o Anbalagan 131 Senthamizh Nagar Hosur Tamil Nadu have changed my name to Selvamurugan for all future purposes.

LOST & FOUND

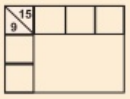
Document Lost

I Renuka Prasad H.S R/o No.21, 9th Cross, Ullala Main Road, Jnanajyoti Nagar, Bangalore-560056 stating that, Survey No.149. 08 at Ullala 1) GPA Register Letter 981/94-95, 2) DTD Discharge Note 8864/ 21-22, 3) Sale Deed 3512/06-07 Original copies of which are lost on 22.12.2023. I have lodged a complaint (LR No. 0859669/2023) in this regard with Bangalore City Police on 22.12.2023. If anyone finds the original documents, please contact the above address or mobile numbers 9916707047, 9986158110.

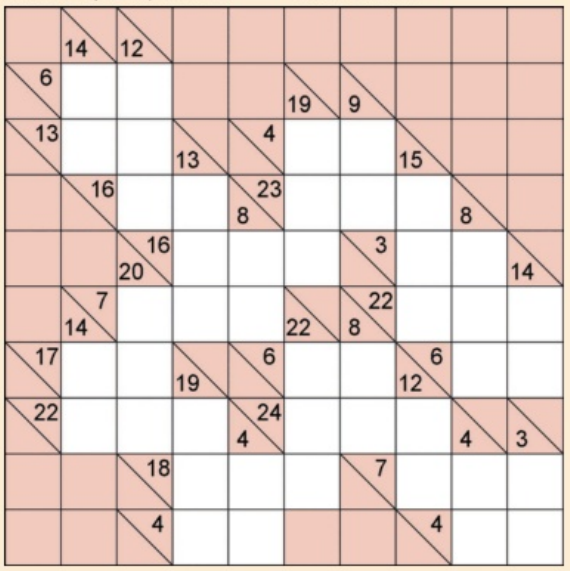
mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

Kakuro

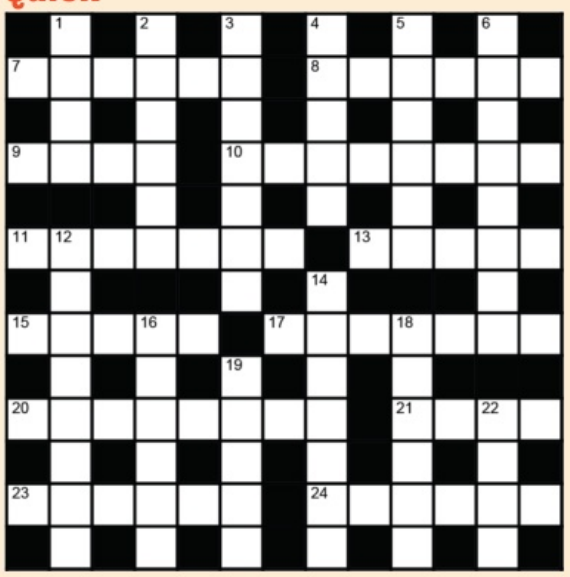
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Until a later time? (3,3)
8 Experienced and trusted adviser (6)
9 Indian sage or wise man (4)
10 City in Saurashtra (8)
11 Harmed or marred (7)
13 Blot (5)
15 Attach (5)
17 Stays behind (7)
20 Prevent loss of heat or sound (8)
21 Middle Eastern restaurant on Coles Road (4)
23 Be present (6)
24 Pulling with the help of a rope (6)

DOWN

1 Playback singer ___ Nigam (4)
2 Ex-India P.M. Mrs. ___ Gandhi (6)
3 Water sportsman (7)
4 Containing nothing (5)
5 Undivided (6)
6 Answer (8)
12 Liking or attraction (8)
14 Flaws (7)
16 Hardened (6)
18 Capital of Mizoram (6)
19 Father (5)
22 Monarch (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: X EQUALS S

LGUCYXXBGS RBDD LOVT UGVT XBSX PMYS LGSJTUSYPBGS.

Linemaro

Your face has mathematical perfection

Mindchow

Credit allows people to pay extra for things they don't need

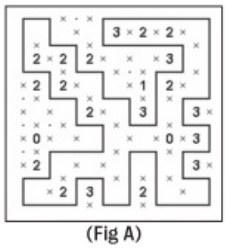
Joke of the day

Just been told off for pulling funny faces on the bus. I guess some people don't like being touched first thing in the morning

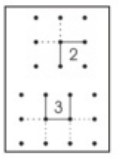
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

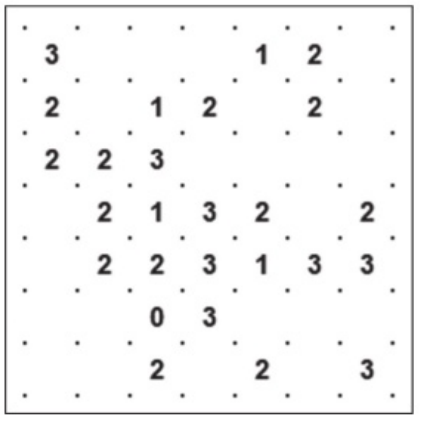


(Fig B) Not Allowed

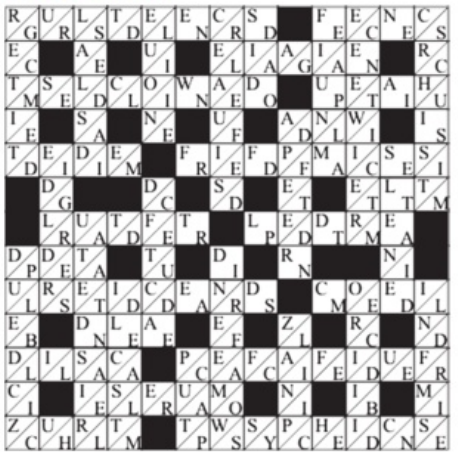
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



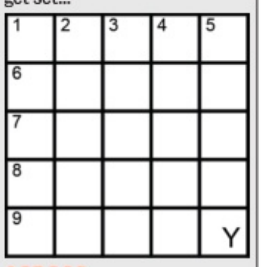
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

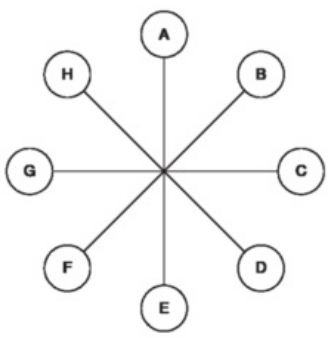
1 La Cas; 6 O Hell;
7 Nitre; 8 There;
9 Toy of

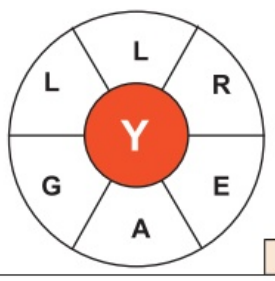
DOWN

1 Fiche; 2 Olent;
3 Loath; 4 Steel;
5 RR Soy

Mensapuzzle

What letter is directly opposite the letter that is two letters away clockwise from the letter that is directly opposite the letter that is three letters away anti-clockwise from the letter E?





Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

16 Average; 18 Good; 20 Outstanding

SudokuChallenge

			1		9			
3		8				9		7
	2	4				3	5	
	6		5		7		9	
	9		3		2		4	
	3		8		1		7	
	4	9				8	1	
1		3				7		6
			6		8			

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 8

3 4 8 9

Medium = 16

1 2 4 6

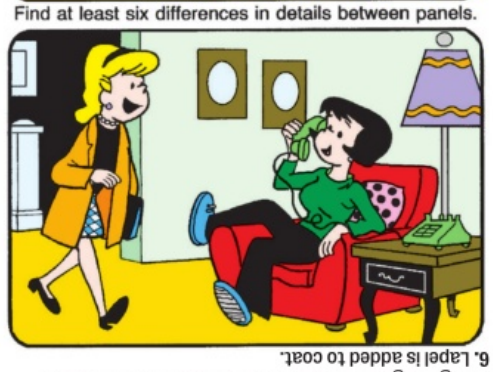
Hard = 25

3 5 5 3

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



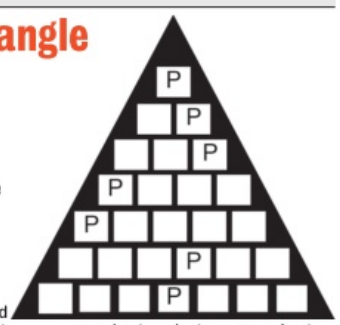
Differences: 1. Hair is different. 2. Table leg is different. 3. Leg is higher. 4. Necklace is added. 5. Arm is lower. 6. Lapel is added to coat.

Riddler

Amazing creature with a bullish view. Horns in on the lost who haven't a clue. Treasured guardian and death bringer That was defeated by a first stringer. What is it?

Alpha triangle

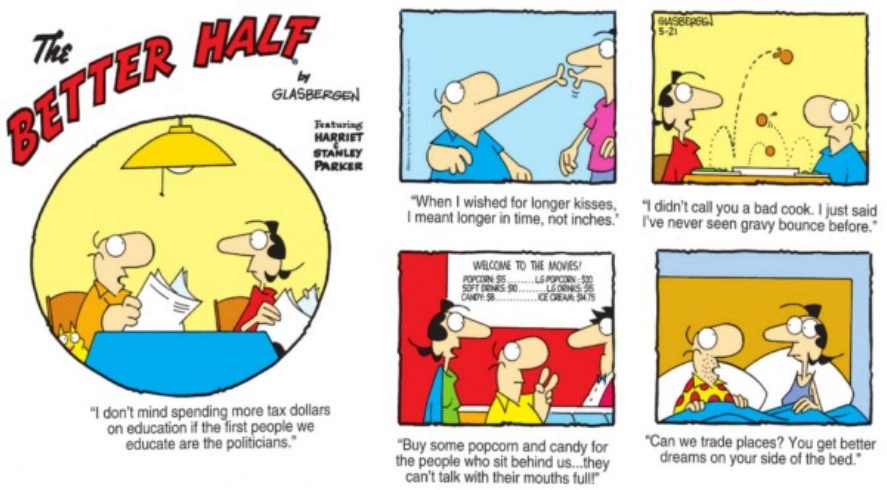
1 16th letter
2 Operation, abbr.
3 Bribe
4 Sit for an artist
5 Warsaw natives
6 Slants
7 Four books of the New Testament



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS


The BETTER HALF
by GLASBERGEN
featuring HARRIET & STANLEY PARKER
"I don't mind spending more tax dollars on education if the first people we educate are the politicians."
"When I wished for longer kisses, I meant longer in time, not inches."
GLASBERGEN 5-21
"I didn't call you a bad cook. I just said I've never seen gravy bounce before."
WELCOME TO THE MOVIES!
"Buy some popcorn and candy for the people who sit behind us...they can't talk with their mouths full!"
"Can we trade places? You get better dreams on your side of the bed."

BABY BLUES™
BY RICK KIRKMAN & JERRY SCOTT
OOH! THERE'S A METEOR SHOWER TONIGHT!
REALLY?
THAT GIVES ME AN IDEA...
WE ZIP A COUPLE OF SLEEPING BAGS TOGETHER, GET A BOTTLE OF WINE, AND DO A LITTLE "METEOR-WATCHING" IN THE BACKYARD?
MMM... GIGGLE!
LET'S GO!
MEET YOU OUT BACK!
FIVE MINUTES LATER...
WHAT ARE WE MISSING?
SIGH!

FLASH GORDON
By JIM KEEFE
1-30
SHIPWRECKED ON THE BOTTOM OF THE SEA...
THE CREATURE...IT'S RETREATING BEHIND THOSE BOULDERS.
BUT WHY? WE'RE AT ITS MERCY...
WHO KNOWS, JUST BE THANKFUL IT DID.
ZARKOV, ANY CHANCE YOU CAN GET US UP AND RUNNING AGAIN?
I THINK SO, M'BOY, IF GIVEN THE TIME.
TIME IS ONE THING WE DON'T HAVE.
OUTSIDE...
...THOSE AREN'T BOULDERS!

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may feel unhappy, dullness affecting your work, causing delays in project completion. It may impact your prestige in both professional and domestic life. It is advised to avoid adventurous tours or rush driving. Love birds may experience some breakups. Job seekers may face disappointment regarding new job prospects.

Taurus Apr 21 – May 20
Today, you may feel positive vibrations around you, with things under control. Planning to start a new business in partnership is favoured. Expectations for some long-distance travel are likely. Strengthening your faith with your spouse may bring harmony to your domestic life.

Gemini May 21 – Jun 21
Today, you may perform at your best in the office, fostering a good bond with your boss. New responsibilities and promotions could be on the horizon. Chronic health issues may see improvement, and good incentives for your work are anticipated. Disputes with siblings may be resolved, and job seekers may find new opportunities.

Cancer Jun 22 – July 23
Today, you may find life challenging, seeking elders' advice to navigate the situation. Patience is crucial. Challenges in kids' education might prompt a short trip for academic purposes. Investors are advised to avoid speculation before making any investments.

Leo Jul 24 – Aug 23
Today, dissatisfaction may prevail, and the results of hard work may be disappointing. Careful reading of documents before entering a new contract is advised. Investment in assets is possible, but intuition should guide decisions related to fixed assets.

Virgo Aug 24 – Sep 23
Today, engagements in social gatherings and family occasions may increase your network. Planning for a work-related short trip is likely. Disputes among siblings will likely be resolved, and subordinates may cooperate on difficult projects. Maintain patience during interactions with others.

Libra Sep 24 – Oct 22
Today, engagements in family gatherings may bring a more polite demeanour, improving your image among relatives and friends. Spending on artefacts and other items may enhance your social status. Good news from a close relative may be on the horizon.

Scorpio Oct 23 – Nov 22
Today, happiness surrounds you, aiding the enjoyment of day-to-day work. Vitality may help in making difficult decisions, increasing profits in the future. A short work-related trip might be planned, and support from subordinates and colleagues is expected. Students may find increased focus in their studies.

Sagittarius Nov 23 – Dec 22
Today, you may feel dull, and sleeplessness could affect your mental and physical health. Upset due to family members' health issues is likely. Expenditure on unnecessary items may impact savings, and vigilance against conspiracies from opponents is advised.

Capricorn Dec 23 – Jan 20
Today, starting the day with happiness, and quick decisions at work may bring future benefits. Expectation of new sources of income to boost savings is high. Collaboration with your partner in business investments may lead to profitability. Improved understanding with the spouse may bring harmony to domestic life.

Aquarius Jan 21 – Feb 19
Today, busyness at the office may lead to mental tiredness, affecting family time. With elder's blessings, job seekers may secure higher positions, and managers could get promoted to top management. Rewards may increase your status, and professional performance may improve.

Pisces Feb 20 – Mar 20
Today, happiness and good patience may reflect in your work. Efficient task completion is likely and plans to visit a religious place may be on the agenda. Donations to religious places or charities are possible. Love birds may develop trust in their relationship, and control over opponents is anticipated.

KIDZONE

Burhanuddin Rampurawala, 11 years, Candor Inernational School

Kaveri Sriram, 9 years, Valistus International School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
= [√(4 × 9) + 2]^½
= [√36 + 2]^½
= [6 + 2]^½
= 8^½
= ³√8 = 2

RIDDLER Mintaur

FAST FIVE

C	L	A	S	S
H	E	L	L	O
I	N	T	E	R
E	T	H	E	R
F	O	O	T	Y

QUOTE UNCODE
Compassion will cure more sins than condemnation.

STRIKE OUT

R	U	S	T	L	E	R	S		F	E	E	S		
E		A		I		E	A	G	A	N		C		
M	E	L	L	O	W	E	D		U	T	A	H		
I		A		N		F		A	N	I		I		
T	I	D	E		R	E	D	F	A	C	E	S		
		D		D		D		T		E	L	M		
L	U	T	E	R		P	E	T	R	A				
P	E	T		U		D		R		N				
U	S	E	D	C	A	R	S		M	O	D	I		
B		N	E		E		Z		R		D			
L	I	S	A		P	A	C	I	F	I	E	R		
I		I	L	E	U	M		N		B		I		
C	U	L	T		P	S	Y	C	H	I	C	S		

QUICK

MENSA PUZZLE
D.

BULL'S EYE
ALLERGY, alloy, ally, argyle, early, GALLERY, galley, gayer, grey, gyre, LARGELY, layer, lyre, rally, really, REGALLY, relay, rely, year, yell

SUDOKU

5	7	6	1	3	9	2	8	4
3	1	8	4	2	5	9	6	7
9	2	4	7	8	6	3	5	1
8	6	2	5	4	7	1	9	3
7	9	1	3	6	2	5	4	8
4	3	5	8	9	1	6	7	2
6	4	9	2	7	3	8	1	5
1	8	3	9	5	4	7	2	6
2	5	7	6	1	8	4	3	9

ALPHA TRIANGLE
P, Op, Sop, Pose, Poles, Slopes, Gospels.

GO FIGURE
Easy
4 – 8 + 9 + 3 = 8
Medium
2 × 6 × 1 + 4 = 16
Hard
5 – 3 + 3 × 5 = 25

LOOP

KAKURO

Volume No 16, Issue No 29 RNI NO:KARENG/2007/22325 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011 and printed by him at Bennett Coleman & Co Ltd., The Times of India Press, No. 9/10/11-A, 4th Main, KIADB Bommasandra Industrial Area, Anekal Taluk, Bangalore - 560 099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru - 560 011, Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon - responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

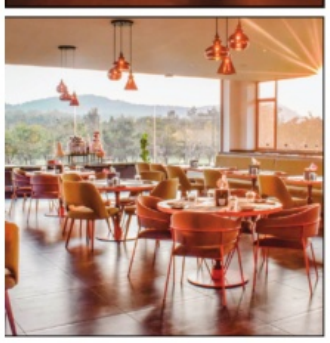
Advertorial

Kimmane luxury Golf Resort: A paradise in Malnad

Amidst the serene surrounding of the ever green Malnad, sits Kimmane luxury Golf resort which has transformed the tourism industry in the district of Shivamogga

Best connectivity system

Shivamogga is well connected by road from Bangalore, Mangaluru and Hubballi and has rail and air connectivity. There are direct flights from Bangalore, Hyderabad, Goa and Tirupati while Delhi and Mumbai will be added to the list soon.



Marriage Lounge, New Projects

There is a huge demand for rooms and meeting halls at the resort. During weekends and holidays demand is so high to meet. Keeping this in mind, Kimmane Jairam, whose brainchild the resort is, wants to expand it further. It is planned to construct 150 new state-of-the-art rooms and in addition to this, they are also planning to build a marriage lounge on a 15-acre plot as the number of people wanting to get married amidst the natural surroundings of Malnad is ever increasing. Tennis, the world's most prestigious sport, is also in demand here, just like golf. Thus it is also planned to build a world-class lawn tennis court. All the three new projects will be implemented within a year, he says. The concept of work from home has come up post-Covid. Apart from people in the software industry it has also found acceptance in other areas. "Hence we are planning to build a well-equipped and state-of-the-art work place with all facilities," says Kimmane Jairam.

I had a dream to contribute something to the district where I was born. With a dream to see Shivamogga gaining recognition both national and international, I started the Kimmane luxury Golf Resort has seen phenomenal success in a very short span of time. Through this I am satisfied in contributing to propagating the glory of the district to the world.

Jairam G. Kimmane
Chairman, Kimmane luxury Golf Resort, Shivamogga

Shivamogga is one of the fastest growing cities in the country and is known as the gateway to Malnad. Once an agri-business centre, it has now set an example to other districts in the state for its growth in the field of commerce, education, sports, medicine, service and tourism. The imposing Western Ghats, which nourishes vast evergreen forest ranges, provides a bounty for tourist enthusiasts. The ever flowing streams and small waterfalls created by the river streams attract hordes of tourists. Shivamogga has been rich in its natural beauty since ages, is also a model district for its political shrewdness, historical importance, literary achievements and cultural significance..

'Kimmane Luxury Golf Resort has spread the glory of Shivamogga not only across the state and country, but also abroad. The grand golf resort does not compromise on sophistication, richness and grandeur. No one expected a resort in a district headquarters to get such a response from people outside the state and abroad. Leaving aside all the hustle and bustle of life, tourists are coming to the Kimmane luxury Golf Resort to spend quality time amongst the beautiful surroundings of Malnad. The Kimmane luxury Golf Resort serves as a base for tourists to explore other tourist centres in and around Shivamogga like Chikkamagaluru, Udupi and Uttara Kannada districts.

Spread over 200 acres of land on the banks of the Western Ghats near the Shivamogga-Sagar road, The Kimmane luxury Golf Resort offers not only golf but also boating, korackling, cycling, nature watching, bird watching, swimming, archery, outdoor and indoor sports and also fun opportunities for children. The imposing golf grounds and the big trees around provide a soothing experience. The excellent service makes one come back again and again.

Kimmane
LUXURY RESORT
SHIVAMOGGA

Agricultural entrepreneur

Many were surprised when farmer and arecanut trader Kimmane Jairam set out to make a golf resort and that too in a district headquarters like Shivamogga. However, they did not jeer him either. Kimmane Jairam, who started during the Covid period, succeeded in a way no one expected. The people of Shivamogga are still awestruck about this success story. The resort attracts tourists and golf enthusiasts from faraway places and is appreciated for its serenity,

Kimmane Jairam, a farmer, started the arecanut business in 1987 with a capital of just Rs. 20,000. Today he has grown into a businessman with an annual turnover of Rs 700-800 crore. Apart from the high-end homestay he also owns KTG Arecanut Mandi in Shivamogga and 300 acres of Kimmane Coffee Plantation in Mudigere. Jairam, who is intelligent, dedicated and hard-working runs business in Bengaluru also thereby providing employment to hundreds of people. Wife Pavana Kimmane, son Ronak Kimmane and daughter Sasha Jairam, one of India's finest fashion photographers, complete his family.

Sadhguru

Jacqueline Fernandez

Award and accolades

Kimmane luxury Golf Resort is a one of its kind developed by a single owner in the entire country. The grandeur, environment, good atmosphere, cleanliness, service, amenities of the resort are appreciated by the tourists. For the same reason Kimmane luxury Golf Resort has won many awards in just three years of its inception. The International Travel Awards 2021's 'Best Golf Resort in Asia' and 'Best Golf Resort in South India' by Resorts and Retreats Lux Life have adorned its shelf.

Khalin Joshi

Ph.: 08182 350400, 9364016927, email: fom@kimmanegolfresort.com, website: www.kimmanegolfresort.com